



# BUSHWACK BULLETIN

The BUSHWACK BULLETIN is published quarterly in the months of February, May, August and November by the Susquehanna Appalachian Trail Club, Inc. (SATC) P.O. Box 61001, Harrisburg, PA 17106-1001.

*A Hiking Publication For The Harrisburg Area*

Volume 56 – No. 1  
March – May 2010

Web Site: [www.satc-hike.org](http://www.satc-hike.org)  
Email: [hike-hbg@satc-hike.org](mailto:hike-hbg@satc-hike.org)

Our Objectives: **Group Hiking + Trail Maintenance + Outdoor Recreation**

**Next *Bushwack Bulletin* Deadline for Submissions: May 6, 2010**  
**Mail to:** Editor Bushwack Bulletin, S.A.T.C., P.O. Box 61001, Harrisburg, PA 17106-1001  
**E-mail:** [Bushwack@SATC-hike.org](mailto:Bushwack@SATC-hike.org)

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### Officers

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**REMINDER** – The current **SATC** membership year ends March 31<sup>st</sup>. Please remit payment using the form on page 19.

The time is always right to choose electronic distribution of your newsletter and receive the **SATC Trail Mail** bi-weekly bonus

March 2010

**Greetings fellow hikers,**

WOW! Punxsutawney Phil really got it right on February 2<sup>nd</sup>. Hope you are surviving the truest wintry season Central PA has experienced in 14 years. Don't let the snow deter you from enjoying the outdoors. There's snowshoeing, cross-country skiing, and hiking with crampons or ice spikes that easily fit over your favorite hiking boot. I love this stuff. My favorite slogan is: There's no such thing as bad weather, just inappropriate clothing. My two best tips: NO cotton and dress in layers.

As we end the **SATC** fiscal year, I want to recognize a few people who have been especially helpful. Jennifer Hollinger has served as a director and chair of the Hiking Committee for the past two years. There is unbelievable amount of time and effort put into recruiting hike leaders, training them (see page 4), and friendly "nagging" to obtain the hike descriptions for the newsletter. It's followed by the task of formatting the information into a schedule so that it is printer-ready with a diversity of hikes before Jennifer submits it to the editor. What wonderful magic she performs by having the whole process appear so seamless to **SATC** members. Jennifer, you will be missed.

A name known to most of you is our admired Trailmaster Jeff Buehler. Jeff is a life member who joined **SATC** more than 25 years ago. He has also been an **SATC** president. Jeff continues to amaze me. In spite of all he has contributed to **SATC**, he does not let any grass grow under his hiking boots! In addition to his standard **SATC** duties, Jeff recently updated **SATC**'s five-year Capitol Plan for ATC - no easy task. He also used a vacation day from work to accompany Michelle Miller (ATC-MARO) on **SATC**'s five-year trail assessment. Jeff consistently emulates the virtues by which he was measured when he received the Giant Boot Award in 2003.

Speaking of the Giant Boot Award, Pete Fleszar, the 2009 recipient, has not rested on his laurels (no pun intended). As **SATC**'s reliable webmaster, he constantly updates the web site. Pete is quick to respond to addition and deletion requests without being stressed. His is a behind-the-scenes, thankless responsibility, but one that provides great value to all of us. Pete welcomes any updates you may have.

Please let Jennifer, Jeff, and Pete know how much we appreciate them.

Happy spring,  
*Karen*  
[KMBalaban@BalabanLLC.com](mailto:KMBalaban@BalabanLLC.com)

P.S. Have Cabin Fever? Plenty of SATC volunteer opportunities this spring - read on...

**New Members**

Eileen Dilger (Carlisle)  
Heather Meledin (Mechanicsburg)  
Laura & Dave Erb (Harrisburg)  
Alan Hiler (Mechanicsburg)  
Paula Libhart (Mechanicsburg)  
John May (Hershey)  
Doris & Donald McLaughlin (Duncannon)



Thomas Thompson (Harrisburg)  
Katherine Niven (Hummelstown)  
Grant Olson (Waynesboro)  
John Pretz (Marysville)  
Kimberly Robyak (Dillsburg)  
William Roman (Newport)  
Trisha Sanders (Middletown)  
Greg Sausser (Etters)

**Thank you for joining! SATC is now 501 members strong.**

**YouTube Viewing**

The 2009 Holiday Party presentation of "A Hiking Carol" <http://www.youtube.com/watch?v=N1B2HLO7YII>  
Don't forget Part 2 - <http://www.youtube.com/watch?v=k4W0iCWFMY>

**Volunteers Needed** SATC is hosting a membership display at the Mechanicsburg Earth Day event on **Saturday, April 24<sup>th</sup>** (see page 18 for details). Several persons are needed to staff 3-hour shifts. Please contact Gail Brossman 649-0465 [GVB1024@aol.com](mailto:GVB1024@aol.com).

**Special Financial Contributions** (November 2009 to February 2010) **John May, Trisha Sanders, Laura & Dave Erb, George Garbarino, and Nancy Stawitz**

**THANK  
YOU SO  
MUCH!**

**Holiday Party**

**Jennifer Wright** for outstanding lyrics - **Mike Barlup** for playing Map Man yet again this year and for all his help with props, copies of the songs, programs and agendas - **Bob Doren** for a clever Map Man skit, his last minute technical assistance with the computer and projector, & arranging for the special appearance of Hiker Santa - **Bob Ambrose** for the use of his LCD projector and screen - **Jim Stickney** for serving as MC to the skits, song group, & Hiker Santa presentation - **Janeen Christ** for coordinating the talent presentations - **Laura Rhoads, Sharon Shellenberger, Gail Brossman, Mike Barlup, Jim Morris** and **Bob Doren** for singing songs of good cheer - **Nancy Stawitz, Lorrie Preston, Jim Stickney, Bob Ambrose** and **Sharon Shellenberger** for the photos they contributed to the pre-dinner slide show - **Deb Takach** for the great story - **Jim Morris** for his rendition of a "Hiker Extraordinaire" - the **Fleszar & Barker** families, **Alex McQuaide, & Colin McQuaide** for their Jingle Bells song - **Daniel Snowden** and **Louise Sis** for their creative poetry - **Gail Brossman, Sharon Shellenberger, & Karen Balaban** for baking the ham and roasting the turkeys - (and speaking of turkeys) **The Susquehanna Appalachian Trail Players: Karen Balaban, Craig Barnhart, Gail Brossman, Rick Goodman, Sharon Shellenberger, & Nancy Stawitz** for their real-time / video presentation of "A Hiking Carol" – **Sandy Goodman** video technician. A job well-done by **ALL!**

**Jeff Buehler** – for updating SATC's 5-year Capital Plan required by ATC

**Trail Work Crew (November)** Josh Arnold, Tim Bachmann, Jeff Buehler, Bill Holly & daughter Anne Holly, Fred Kling, Gary LaBelle, Perry Ligon, Brian Ohnmeiss, Park Trullinger, Jeff Willard, Lisa Williamson.

**Peters Mountain Parking Lot Steward** - Marty Gruver

**Hike Leaders (December, January, & February)** Frank Bohn, Laura Sheely, Krista Cessna, Peter Fleszar, Nancy Stawitz, Craig Barnhart, Rob Garman, Susanne Donmoyer, Sal Fulginiti, Karen Balaban, Rob Shaw, John Stein, Sharon Shellenberger, Howard Davis, Jim Foster, Sam and Barb Harvey, Jeff Willard

**Bushwack Bulletin Staff** – Isle Heine (address lists), Paul Wummer (update web address book), Rob Shaw and Janeen Christ (proof-reading), Jennifer Hollinger (hike and activities schedule), Tom Troppe (re-sizing photos), Karen Balaban (editor, chief cook, & bottle-washer...)



**NOTICE: SATC Membership Directory – What You Need to Know**

This summer **SATC** will publish a membership directory listing all members in good standing as of June 1st, i.e. members who are current with their dues payment.

**Use the Application / Renewal form on the last page of this issue:**

1. To Opt-Out - If you do not want your name in the directory, please check the proper box.
2. To make all changes to your listing.

- All changes to your listing or Opt-Out must be received by June 1<sup>st</sup>. Otherwise, your listing will be inserted using the most recent data contained in our records.
- All members, whether listed or not, will receive a copy distributed by bulk mail.
- This listing is NOT distributed to any other person or entity. It is not available as an electronic file in order to control its distribution and protect your privacy.
- Information to be included: name, mailing address, phone number, and e-mail address. Unlisted phone numbers, if noted, will not be included.

**QUESTIONS?** Please send to [hike-hbg@satc-hike.org](mailto:hike-hbg@satc-hike.org)

**DID YOU KNOW** The **Appalachian National Scenic Trail (ANST)** is an unusual unit of the national park system, managed through a decentralized, volunteer-based cooperative management system, involving 8 national forests, 6 national park units, agencies in 14 states, the Appalachian Trail Conservancy, and citizen volunteers in 30 affiliated trail club organizations. Achievement of on-the-ground results depends on the actions of these partner agencies and organizations.

## **Report of the Nominating Committee**

In accordance with the By-Laws of the Susquehanna Appalachian Trail Club, Inc, the Nominating Committee, appointed by the President, submits the following slate of nominees for your consideration.

<b><i>To be elected to a two-year term from April 1, 2010 to March 31, 2012</i></b>		
<u>Officers</u>	President	<b>Karen Balaban</b> (2 <sup>nd</sup> term)
	Vice-President	<b>Bob Doren</b> (2 <sup>nd</sup> term)
	Secretary	<b>Tara Shade</b> (1 <sup>st</sup> term)
	Treasurer	<b>Rick Sis</b> (4 <sup>th</sup> term)
<u>Directors</u>		<b>Gail Brossman</b> (2 <sup>nd</sup> term)
		<b>Rob Shaw</b> (2 <sup>nd</sup> term)
		<b>Laura Rhoads</b> (1 <sup>st</sup> term)

<b><i>To be appointed by the Board of Directors to a one-year term from April 1, 2010 to March 31, 2011</i></b>	
<u>Directors</u>	<b>Nancy Stawitz</b> - to fill position vacated by Tara Shade who is nominated as Secretary <b>Craig Barnhart</b> - to fill position vacated by Janeen Christ

The election by the **SATC** members and the appointment to be made by the **SATC** Board of directors will take place at the annual meeting on **Friday, March 26<sup>th</sup>** in conjunction with the Annual Banquet at the Appalachian Brewing Company. (see page 14 for more details). In accordance with the By-Laws, any member desiring to submit additional nominations may do so by submitting the nomination, in writing, to any member of the Nominating Committee so as to reach the member of the Committee by March 19, 2010. Nominations may not be made or accepted from the floor at the meeting.

Respectfully submitted by the Nominating Committee:  
Janeen Christ, Chair  
[janemjoto@comcast.net](mailto:janemjoto@comcast.net)  
717 576-8100

Barb Harvey, Member  
Mike Barlup, Member

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### ***SAFE HIKE TRAINING FOR HIKE LEADERS AND HIKERS***

This is a training day for all **SATC** and CVATC hike leaders as well as hikers who want to learn more about Wilderness Safety. Training will focus on communications for search and rescue, map and compass reading, and first aid's three main components; preserving life, preventing further harm, and promoting recovery. The activities for the day will provide instructional materials and the opportunities for hands-on experiences.

**WHEN:** **Saturday, March 20<sup>th</sup> 9:00 a.m. to 4:00 p.m.**

**WHO:** Hike leaders and hikers (limited to 30 hikers)

**WHERE:** Nettie Parsons' cabin, Peters Mountain parking lot – PA-225

**WHAT TO BRING:** **You must bring your day pack.** Weather permitting we may go outdoors for some of the hands-on activities, so be prepared and wear appropriate clothes and footwear.

**FOOD:** Donated by participants.

**WHY:** Hiking is enjoyable. It's a great way to get outside and enjoy fresh air and exercise. Occasionally, some type of first aid is administered. We need to be confident in our abilities to know how to respond in any situation that may occur while hiking in order to make good, sound decisions at any moment.

**REGISTRATION** is FREE for all **SATC** and CVATC members but please register **on or before Friday, March 12<sup>th</sup>** by contacting Jennifer Hollinger 717-279-6444 or [jjhol57@aol.com](mailto:jjhol57@aol.com)

**WE HOPE TO SEE YOU THERE - IT SHOULD BE A GREAT DAY !**

## **SATC Hiking Committee by Jennifer Hollinger**

It's been a cold winter and I am soooooo ready for spring which is right around the corner. I'm really looking forward to getting out and hiking during the early spring in the warmer weather and to be able to enjoy the mountains as nature springs forth in new life all of its own. What a great time of the year! We are offering several hikes that will give hikers the opportunity to enjoy the wildflowers, berry identification, and history, along with our first ice cream hike of the year.



I am also looking forward to **Saturday March 20<sup>th</sup>** as we have put together an all day workshop on **Safe Hiking**. All hike leaders are strongly encouraged to attend and participate in this event as are those who enjoy hiking and want to learn more about wilderness safety. It should be an informative day with plenty of opportunity for hands-on experiences. It is offered as a free workshop for all **SATC/CVATC** members. (See details on page 4)

I want to THANK everyone in **SATC** and CVATC for their support and encouragement over the past two years as I took on the role as Director and Hike Chair. It has been two very interesting years with a lot of new adventures and challenges. I am grateful for the opportunity to have served you all, but due to relocating I will be ending my role as Director and Hike Chair for **SATC**. As of this time, things are still somewhat unsettled, but there is a good possibility that we will be moving out of the area. I am not sure about a lot of things most days, but there is one thing I do know and that is, there are new adventures and challenges waiting for me and I am going to have to wait and see how they all unfold. Life is good! Many, many thanks to all.

## **SATC Spotlight: Neal Watson and Pat Yale**



**Neal** and **Pat** have a deep commitment to trail maintenance with a combined total of more than 25 years of experience volunteering for ATC. **Pat Yale** first volunteered on the Mid-Atlantic Crew in 1993 and has missed only one year since then, with many years of multiple weeks' work. **Neal Watson** first volunteered in 2001, and most of those years included multiple weeks of crew work. In addition to having worked with ATC crews from Virginia to Maine, **Neal** and **Pat**

maintain a section of the Mason-Dixon Trail, three blue blazed trails in Michaux State Forest, and the A.T. on Peters Mountain from the PA-225 parking lot north to Table Rock. Always looking for a new challenge, they even did a weekend work trip on the Continental Divide Trail in June 2009 while traveling through Colorado.

**Pat** was always intrigued by the Appalachian Trail and answered an ad in **Backpacker** magazine in 1993 to "Help build a piece of the A.T.". She and her 21-year-old daughter worked on the Jefferson Rock project in Harpers Ferry that year and were part of the crew that helped **SATC** build the Peters Mountain Shelter. **Pat** remarked "Yes, I made a lot of trips from the old Victoria Trail carrying lumber and concrete! In spite of all that, I've come back every year for more fun. Both of my daughters have volunteered on trail crews numerous times."

**Neal** first did trail work with the York Hiking Club, and was convinced (coerced?) in 2001 – by **Pat** – that crew work was the ultimate good time. He took the bait and has never looked back. They've been doing trail work with **SATC** for about 5 years. **Neal** and **Pat** have taken on additional responsibility as boundary monitors. After confirming the boundary of the A.T. corridor on the north side of Peters Mountain, they marked it with yellow paint during the winters of 2008 and 2009. Not likely to ever be bored, on three separate occasions they have served as seasonal employees for ATC performing trail building and boundary maintenance.

**Neal** and **Pat** have this message for **SATC** members:

"Anyone who enjoys hiking, being in the great outdoors, and wants to "make a difference" will enjoy trail work. But physically working on the trail is not the only way to volunteer. There are many other jobs that need to be done to maintain this great Trail we help protect. All of them are important. The amazing part is how much can be accomplished by a group of dedicated people working toward a common goal."

**Neal** and **Pat**, **SATC** salutes you for your volunteer spirit.



**REMINDER SATC Hike Challenge and Hike Leader for 2009** We gave you a challenge for 2009 to get out and hike. Now we are interested in seeing who took us up on our hike challenge. So, tally up all your **SATC** hike miles for 2009.

Nominate a Hike Leader for 2009. Tell us in 100 words or less what made this hike leader exceptional.

Submit by Sunday March 14<sup>th</sup> to [jihol57@aol.com](mailto:jihol57@aol.com) or mail to **SATC**, c/o Jennifer Hollinger, PO Box 61001, Harrisburg Pa 17106-1001

### **Attention: Trail Maintainers, Weed Warriors, and W.W. Wannabees!**

Late March through April is the best time to control invasive weeds along the trail, and it will be here before we know it. Invasive weeds crowd out native plant species which birds and wildlife require for food and shelter and they change the natural landscape of the trail. Many sections of the trails that we maintain look more like native Japan than Pennsylvania these days. Where huge sections of trail are already heavily populated with invasive plants, there is often little we can do to bring it back under control. Our goal is to remove small infestations early, before they have a chance to go to seed and spread over vast areas.

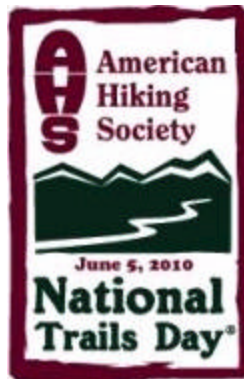
**SATC** Weed Warriors try to make a dent in this problem each spring. This year, we will try to schedule at least two or three outings as the weather and schedules allow. Weed Warrior outings will be announced through **SATC** Trail Mail and past Weed Warriors will be notified by e-mail. We appreciate all of the help we can get. If you've never been a Weed Warrior but are interested in helping (and socializing with fellow **SATC** members), please contact **Lorrie Preston** at [mitandpak@aol.com](mailto:mitandpak@aol.com) 732-5615.

**Trail Maintainers** - If you suspect the start of an invasive plant problem on your trail section, please contact Lorrie to discuss. We will schedule a hike to look at the problem, then follow up with a Weed Warrior outing to help you get control of the issue before it's too late.



**2010 PA Hiking Week** runs from May 29<sup>th</sup> to June 6<sup>th</sup>. A partial list of **SATC** hikes is on page 12 of this issue. Additional hikes will be posted on the DCNR web site for regions throughout the state.

<http://www.dcnr.state.pa.us/>.



This year **SATC** will be on-site at the dedication of the A.T. Museum at Pine Grove Furnace SP. See more details on page 15. Please check the **SATC** website after April 1<sup>st</sup> for more details.

<http://www.satc-hike.org/>

The ceremony starts at 11:00 am.

### **Nature Trail Relocation to Open Soon**

A 0.28-mile relocation of the blue-blazed Creek Trail in Boyd Big Tree Conservation Area will be opening this spring, in cooperation with Little Buffalo State Park staff. The trail was designed by, and largely constructed by Tom Scully of **SATC**, with rock work assistance from the **SATC** rock crew members Tim Bachmann, Park Trullinger, and Gary Labelle. The main purposes of this relocation were:

- to eliminate two very steep sections of existing trail, which discouraged the Park Naturalist from using the trail for environmental interpretation;
- to have the trail explore the stream valley more closely; and
- to move the trail farther from view of a nearby public road.

Trail construction of the narrow trace, which took one year to build, has resulted in several rock staircases, sidehill work, a rock cribbing wall against a wetland, and several rock hop small stream crossings. The route is intended to provide a pleasant, meandering nature walk with views of several small watercourses. This trail section is very different than most of the Boyd trails, which are old logging roads. **Rattlesnake plantain**, a native orchid, blooms along this trail in July.



This is the second trail-building project in the State Park by **SATC** members, who several years ago built the red-blazed narrow footpath that ascends the ridge as part of the Janie Trail so that the trail could loop through the southeast section of the park.

Construction of another new footpath along the north edge of the Blue Mountain ridgeline is being contemplated.



## Susquehanna Appalachian Trail Club

**Next Deadline to Submit Hikes for the Bushwack Bulletin: May 6, 2010**

E-Mail to [hike-hbg@satc-hike.org](mailto:hike-hbg@satc-hike.org)

Download a Hike-Scheduling Form at <http://www.satc-hike.org/hikeldr.html>

### **Hiking and Activities Schedule**

Please **Call** Hike Leader in Inclement Weather or if You Desire to Meet at an Alternate Site Always **Bring** Water and Snacks or Lunch. **Wear** Boots unless Otherwise Noted

**See** Page 13 for General Hike Information and Code Explanations

Please **Check** our Website for Updates (Changes, Additions, Deletions) to this Schedule

#### **Dates & Times**

#### **Codes**

#### **Hikes and Activities**

March 9  
Tuesday  
9:15 AM

P: Leis-Mod  
T: Easy  
L: 3

45 hwy miles

**Ned Smith Center Photo Exhibit and Rail Trail Hike** View the exhibit of National Geographic photographer Joel Sartore who fosters an appreciation of the natural world through his work, followed by a hike from the nature center to the Rail Trail. **MEET ONLY** at the barn at Ft. Hunter. Bring \$ for admission. Optional lunch after the hike at the Wooden Nickel in Millersburg. Rain date: Wednesday, March 10. [www.nedsmithcenter.org](http://www.nedsmithcenter.org)  
**Leader:** Lorrie Preston, 732-5615, [mitandpak@aol.com](mailto:mitandpak@aol.com)

March 13  
Saturday  
10:15 AM

P: Leis  
T: Easy  
L: 5

**Camp Michaux History Hike** Hike from the Pine Grove Furnace stacks to the site of Camp Michaux where we meet our interpreter, David Smith, who will lead us on an interesting walk. Learn what happened in the area during the furnace's heyday, the Civilian Conservation Corps years, and when it was used as a WWII interrogation center. A donation to the Cumberland County Historical Society will be collected. **MEET** at the PA-114 park & ride at I-81, exit 57 at 10:15 a.m. or at Pine Grove Furnace State Park, furnace parking lot at 11:00 a.m. **Leader:** Gail Brossman, 649-0465, [GVB1024@aol.com](mailto:GVB1024@aol.com) Deep snow will postpone the event, contact leader.

March 14 2:00 AM

**Daylight Saving Time – Turn your clock ahead**

March 17  
Wednesday  
9:00 AM

P: Brisk  
T: Rug  
L: 8

30 hwy miles

**Speedwell Forge County Park Loop Hike** This hike takes advantage of new Conservation Easements and the County Park near the Conestoga Trail. **MEET ONLY** at CocoaPlex Plaza on Rt. 743, Derry Township (Hershey, Pa) in front parking area near Giant Supermarket and Good's Auto Service. **Leader:** John Stein, 571-4930, [STEINHIKE@CS.com](mailto:STEINHIKE@CS.com)

March 20  
Saturday  
9:00 AM

#### **HIKE LEADER and HIKER TRAINING**

This training is centered around being able to provide assistance in wilderness first aid. It is free to all SATC and CVATC members, but you must register by Friday, March 12 (See page 4 for details)

March 20  
Saturday  
9:00 AM

Trail  
Work  
Trip

**A.T. Work Trip** Work location to be determined. Bring lunch and plenty of water. Wear old clothes and boots. Tools and safety gear provided. **MEET** at Funck's Family Restaurant (rear parking area) in Indiantown Gap (exit 85, I-81). We will drive to nearby Memorial Lake SP and carpool to the trail. **Leader:** Jeff Buehler, 657-8281, [AThikerJB@aol.com](mailto:AThikerJB@aol.com)

- March 21  
Sunday  
8:00 AM
- P: Mod  
T: Rug  
L: 8
- 70 hwy miles
- Loop Hike at DEP Reclamation OSM54(3650)101.1 Game Lands #229, Newton, Pa** This beautiful moderate loop hike shows the positive results of Land Reclamation paid by the Coal Industry. Some minor bushwhacking and side spurs are included. Bring hiking boots, snacks and rain jacket. **MEET ONLY** at CocoaPlex on Rt. 743, Derry Township (Hershey, Pa) in front parking area near the Giant Supermarket and Good's Auto Service. **Leader:** John W. Stein, 717-571-4939, [STEINHIKE@CS.com](mailto:STEINHIKE@CS.com)
- March 21  
Sunday  
2:00 PM
- P: Easy  
T: Easy-Mod  
L: 2-3 hours
- Boiling Springs History Hike** Tour the village, Iron Furnace, Lake and AT Trail. Learn about the Village's four colorful faces from the 1700's Iron Industry, the bustling Center of Commerce and Trolley Parks to the present Victorian Village and hikers dream. Snacks at the Underground Railroad site. Supper at Aniles. Bring a camera and water. Limited to 12 hikers, reservation required, call **Leader:** Mikki Williams, 717-245-2321
- |                                      |  |  |
|--------------------------------------|--|--|
| <u>March 26</u><br>Friday<br>6:20 PM |  | <b>Annual Meeting and Banquet</b> Appalachian Brewing Company (Harrisburg) See page 14 for details.<br><a href="http://www.abcbrew.com/harrisburg/index.htm">http://www.abcbrew.com/harrisburg/index.htm</a> |
|--------------------------------------|--|--|
- March 27  
Saturday  
11:00 a.m.
- P: Mod/Brisk  
T: Rugged  
L: 3 / 12
- 0 hwy
- SATC Officers & Directors Installation – Hawk Rock**  
Join us on this in-and-out hike to install 4 *SATC* Officers & 3 *SATC* Directors for 2010-2012. **Option B** is to continue hiking the Cove Mountain ridge along the A.T. with 2 climbs up Little and Blue Mountains ending at Millers Gap. **MEET ONLY** at A.T. trailhead in Duncannon. **Leader:** Karen Balaban 232.3708 (week days only) [KMBalaban@BalabanLLC.com](mailto:KMBalaban@BalabanLLC.com)
- April 1  
Thursday  
1:00 AM
- P: Fast  
T: Strenuous  
L: 20
- Denali Scramble** Got the mid-week blues? Put on your arctic gear to make this 12,000 foot climb up North America's highest peak. Wear down long underwear. **MEET ONLY** at Hudson Aviation, Talkeetna, AK  
**Leader:** Yukon Jack 907-555-555 [aprilfool@gotcha.net](mailto:aprilfool@gotcha.net)
- April 3  
Saturday  
9:00 AM
- P: Leis  
T: Rug  
L: 5
- Tom Lowe and Sand Springs Trail** Scenic loop hike on rocky terrain through forested game lands. Joint hike with BMECC.  
**MEET** at trail head on Forge Dam Road.  
**Leader:** Margaret Fuoco, 610-779-8393, [margaretfuoco@verizon.net](mailto:margaretfuoco@verizon.net)
- April 3  
Saturday  
9:00 AM
- Trail  
Work  
Trip
- A.T. Work Trip** (for details see March 20<sup>th</sup> listing above). **MEET** at Funck's Family Restaurant (rear parking area) in Indiantown Gap (exit 85, I-81). We will drive to nearby Memorial Lake SP and carpool to the trail.  
**Leader:** Jeff Buehler, 657-8281, [AThikerJB@aol.com](mailto:AThikerJB@aol.com)
- April 6  
Tuesday  
6:30 PM
- Board of  
Directors  
Meeting
- Board of Directors Meeting**  
Members welcome. Location: Giant Community Center, 3301 Trindle Road, Camp Hill, 2nd floor. **Contact:** Karen Balaban, 232-3708 (week days only) [KMBalaban@BalabanLLC.com](mailto:KMBalaban@BalabanLLC.com)
- April 10  
Saturday  
8:00 AM
- P: Mod  
T: Rug  
L: 8-10
- 20 hwy miles
- Clark's Creek Valley Ramble** A couple nice climbs over the rugged terrain above Clark's Creek. Wear good boots and bring plenty of water and snacks. Dress appropriately for the weather. **MEET** at the intersection of Rt.325 and 225, parking area just north of Dauphin. **Leader:** John O'Day, 939-0954 (H), 507-6399 (C), [jwoday@hotmail.com](mailto:jwoday@hotmail.com)

- April 12  
Monday  
8:30 AM
- P: Mod-Brisk  
T: Rug  
L: 8.5
- Arendtsville -Shippensburg Rd. to Pine Grove Furnace on the A.T.**  
Enjoy an early spring hike on the A.T. with new green leaves and wildflowers starting to pop out along one of my favorite local sections of the trail. Bring lunch. **MEET ONLY** at Gateway Square Shopping Center parking lot near Outback Steakhouse off the Carlisle Pike, Mechanicsburg. Alternate meeting place - 9:30 a.m. near furnace in Pine Grove Furnace SP. Rain date: Tuesday, April 13.  
**Leader:** Lorrie Preston, 732-5615, [mitandpak@aol.com](mailto:mitandpak@aol.com)
- 100 hwy miles
- April 14  
Wednesday  
10:00 AM
- P: Leis  
T: Easy -Mod  
L: 4
- Bullfrog Valley - Shank Park Loop** Enjoy a nice leisurely loop hike mid-week. **MEET ONLY** at Bullfrog Valley parking lot. Call leader for directions. **Leader:** Susanne Donmoyer, 545-5308
- April 14  
Wednesday  
5:30 PM
- P: Mod-Brisk  
T: Easy/Rug  
L: 3.7  
0 hwy
- A.T. PA-325 – Shikellamy Trail** This after-work hike explores one of SATC's side trails to the A.T. May finish around dusk. Bring flashlight. **MEET ONLY** PA-325 / PA-225 parking lot. **Leader:** Karen Balaban 232.3708 (week days only) [KMBalaban@BalabanLLC.com](mailto:KMBalaban@BalabanLLC.com)
- April 17  
Saturday  
8:00 AM
- P: Brisk  
T: Rug  
L: 12.5
- Hemlock Natural Area and Bowman Trail Loop** This is a loop hike in the Tuscarora State Forest starting at the Hemlock Natural Area featuring stands of Virgin Hemlock, and then continuing on the Tuscarora, Twig, Bowman Hollow, and Iron Horse Trails. Includes one mile of easy bushwhacking. Bring lunch, lots of snacks and plenty of water as this will be a relatively long day of hiking. **MEET ONLY** at the Cinemas 8 Theaters, off Noble Blvd in Carlisle. **Leader:** Laura Sheely, 717-497-2671
- 80 hwy miles
- April 17  
Saturday  
9:00 AM
- Trail  
Work  
Trip
- A.T. Work Trip** Work location to be determined by work trip leader. Bring lunch and plenty of water. Wear old clothes and boots. Tools and safety gear are provided. For more information contact leader. **MEET** at Funck's Family Restaurant (rear parking area) in Indiantown Gap (exit 85, I-81). We will drive to nearby Memorial Lake SP and carpool to the trail. **Leader:** Jeff Buehler, 657-8281, [AThikerJB@aol.com](mailto:AThikerJB@aol.com)
- April 18  
Sunday  
1:00 PM
- P: Leis  
T: Easy  
L: 2-4
- Kids Rock! The A.T.: Search for the Creek Monster** Our little hikers say they found a "thing with a mouth" in the Conodoguinet a few hikes ago. Although the big people somehow missed it, we'll try again to find it. We need lots of imaginations! Please, each child must be supervised by a responsible adult. Others willing to travel with little children welcome. Bring water and motivational snacks. May break up into 2 groups of younger and slightly older kids depending on turnout. **MEET ONLY** Scott Farm, 314 Bernheisel Bridge Rd., Carlisle, north end of Conodoguinet Creek Bridge. **Leaders:** Laurel Fleszar, 583-2093, [laurel@fleszar.org](mailto:laurel@fleszar.org); Kelly and Hannah Barker, 249-6727
- 0 hwy miles
- April 21  
Wednesday  
5:45 pm
- P: Mod  
T: Easy  
L: 3.5
- Darlington Trail: Lambs Gap to Tower Road** Hike through Bryson Hollow, an early spring flower paradise, to view [SHOWY ORCHID](#), [JACK-IN-THE-PULPIT](#), and more of Mother Nature's floral treasures. **MEET ONLY** Giant Food Store, PA-944 (Wertzville Road, Enola). **Leader:** Karen Balaban 232.3708 (week days only) [KMBalaban@BalabanLLC.com](mailto:KMBalaban@BalabanLLC.com)

<u>April 22</u> Thursday 6:30 PM	Quarterly Membership Meeting	<b>Quarterly Membership Meeting</b> Giant Community Center Following a ½ hour social time with refreshments, we will review Club activities and schedule hikes for the upcoming quarter. Bring your hikes. <b>Location:</b> Giant Community Center, 3301 Trindle Road, Camp Hill, 2nd Floor. <b>Contact:</b> Bob Doren, 763-0667, <a href="mailto:cibob@aol.com">cibob@aol.com</a>
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|---|---|--|
| <u>April 24</u><br>Saturday<br>2:00 PM  | P: Mod<br>T: Easy<br>L: 5<br><br>20 hwy miles | <b>Bluebell Hike</b> Appalachian Trail from Scott Farm to Route 944 and return. Optionally bring a snack. Virginia Bluebells are typically in bloom on this weekend. <b>MEET</b> at Carlisle Commons. Exit from I-81 at Carlisle Exit 47, Rt. 34 N. Go north to the traffic light at Noble Blvd and turn left. Proceed to the second stop sign. Turn left into the mall parking lot. Meeting place is between the theaters and Noble Blvd. <b>Leader:</b> Frank Bohn, 717-234-5169 |
| <u>April 25</u><br>Sunday<br>1:00 PM    | P: Mod<br>T: Rug<br>L: 6<br>50 hwy miles      | <b>Bluebell Hike</b> Appalachian Trail from Rt. 850 to the Scott Farm. Two moderate climbs and one steep descent. Bring a snack. Virginia Bluebells are typically in bloom on this weekend. <b>MEET</b> at the State Library. <b>Leader:</b> Frank Bohn, 717-234-5169  |
| <u>April 28</u><br>Wednesday<br>5:45 PM | P: Mod<br>T: Rugged<br>L: 3<br>0 hwy miles    | <b>Victoria Furnace Hike</b> to the hidden ruins and scout for yellow lady slippers. <b>MEET ONLY</b> at PA-325 / PA-225 parking lot. <b>Leader:</b> Karen Balaban 232.3708 (week days only) <a href="mailto:KMBalaban@BalabanLLC.com">KMBalaban@BalabanLLC.com</a>  |

**SPRING TURKEY SEASON May 1 - MAY 31, 2010**  
**DO NOT** wear red, blue, black or white. These are the head colors of a male wild turkey. AVOID wearing a red or blue handkerchief, and blue jeans.  
**Be safe - wear florescent orange.**

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| <u>May 1</u><br>Saturday<br>8:00 AM | P: Mod<br>T: Rug<br>L: 10<br><br>80 hwy miles | <b>A.T. Hike Across PA – Rt, 183 to Forge Dam Road.</b> This is the first hike on the A.T. for the second half of Hike Across PA. Enjoy the opportunity to get out and hike with others on the National Scenic Trail that goes across PA. Bring lunch and water. <b>MEET</b> at the Camp Hill Shopping Mall near the Sovereign Bank in front of Boscov's. <b>Leaders :</b> Craig Barnhart, 761-6864, <a href="mailto:craigbarnhart@verizon.net">craigbarnhart@verizon.net</a><br>Nancy Stawitz, 770-0569, <a href="mailto:nancy.stawitz@verizon.net">nancy.stawitz@verizon.net</a> |
|-------------------------------------|---|--|
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- |                                      |   |  |
|--------------------------------------|---|--|
| <u>May 2</u><br>Sunday<br>9:00 AM    | Trail<br>Work<br>Trip                           | <b>A.T. Work Trip</b> Work location to be determined by work trip leader. Bring lunch and plenty of water. Wear old clothes and boots. Tools and safety gear are provided. For more information contact leader. <b>MEET</b> at Funck's Family Restaurant (rear parking area) in Indiantown Gap (exit 85, I-81). We will drive to nearby Memorial Lake SP and carpool to the trail. <b>Leader:</b> Jeff Buehler, 657-8281, <a href="mailto:AThikerJB@aol.com">AThikerJB@aol.com</a> |
| <u>May 5</u><br>Wednesday<br>5:45 PM | P: Brisk<br>T: Rug<br>L: 5.2<br><br>0 hwy miles | <b>Cinco de Mayo Ibberson Trek</b> This loop goes up Victoria Trail over Peters Mtn & down into the Ibberson Conservation Area returning on the Whitetail & Victoria Trails. Good season to observe pink lady slippers and other floral beauties. <b>MEET ONLY</b> PA-325 / PA-225 parking lot. <b>Leader:</b> Karen Balaban 232.3708 (week days only) <a href="mailto:KMBalaban@BalabanLLC.com">KMBalaban@BalabanLLC.com</a>  |

- May 8  
Saturday  
9:00 AM
- P: Mod  
T: Mod  
L: 8.5
- Lake Pinchot Hike** Join Sam and Barb Harvey as they hike around the lake. Wear sturdy boots because the trail will likely be wet and muddy. Bring a lunch. **MEET** at the Sovereign Bank in the Camp Hill Shopping Center. **Leaders:** Sam and Barb Harvey, 766-7868
- 40 hwy miles
- May 12  
Wednesday  
5:45 PM
- P: Mod  
T: Rugged  
L: 3.4
- Victoria – Whitetail (short) Loop** A great up-and-down workout. View pink lady slippers. **MEET ONLY** at PA-325 / PA-225 parking lot. **Leader:** Karen Balaban 232.3708 (week days only)  
[KMBalaban@BalabanLLC.com](mailto:KMBalaban@BalabanLLC.com)
- 0 hwy miles
- May 14-17  
Friday-Monday
- P: Mod  
T: Rug  
L: 5-10
- Spring Hiking at Clear Creek State Park** Enjoy Allegheny Forest hiking trails during the spring wildflower season. Reserve a rustic cabin at [www.dcnr.state.pa.us](http://www.dcnr.state.pa.us) or call 1-888-PAParks. Participants provide breakfasts and lunches. Friday evening pot luck meal. Other meals at nearby restaurants. This is a joint trip with BMECC. Register with leader for more details. **Leader:** Margaret Fuoco, 610-779-8393,  
[margaretfuoco@verizon.net](mailto:margaretfuoco@verizon.net)
- May 15  
Saturday  
9:00 AM
- P: Mod  
T: Rug  
L: 6.6
- A.T. Hike Across PA – Forge Dam Road to Port Clinton** This is a scenic but occasionally rocky section of the AT. Some short climbs and a steep descent into Port Clinton at the end of the section. Hikers must register with hike leaders by phone or email. Hike leaders will confirm arrangements for meeting place and possible carpooling. Bring lunch, snack and water. **Leaders:** Pete and Jan Smith, 717-334-6857, [gettypete@yahoo.com](mailto:gettypete@yahoo.com)
- 50 hwy miles
- May 16  
Sunday  
9:00 AM
- Trail  
Work  
Trip
- A.T. Work Trip Work** location to be determined by work trip leader. Bring lunch and plenty of water. Wear old clothes and boots. Tools and safety gear are provided. For more information contact leader. **MEET** at Funck's Family Restaurant (rear parking area) in Indiantown Gap (exit 85, I-81). We will drive to nearby Memorial Lake SP and carpool to the trail. **Leader:** Jeff Buehler, 657-8281, [AThikerJB@aol.com](mailto:AThikerJB@aol.com)
- May 18  
Tuesday  
6:30 PM
- P: Leis  
T: Easy  
L: 3
- New Cumberland Ice Cream Hike** Flat, leisurely walk through town on sidewalks - strollers, sneakers o.k. Good for beginner walkers and hikers. **MEET ONLY** at 1481 Simpson Ferry Rd., New Cumberland. **Leaders:** Rick and Louise Sis, 774-0196
- May 19  
Wednesday  
10:00 AM
- P: Leis  
T: Easy  
L: 4
- Boyd Ramble** Hike on wood roads and trails with short climbs. **MEET ONLY** at Boyd Big Tree parking lot. Call leader for directions. **Leader:** Susanne Donmoyer, 545-5308
- May 29  
Saturday  
9:00 AM
- P: Mod  
T: Rug  
L: 6.8
- A.T. Hike Across PA – Hamburg Reservoir to Port Clinton** Hike this section north to south. Several ups and downs, then one long downhill. Please bring lunch, snacks and plenty of water. **MEET ONLY** at northeast corner of Holiday Inn Motel parking lot, Exit 80 (Grantville) of I-81. **Leader:** Don Muth, 938-0578, [donald39@frontier.com](mailto:donald39@frontier.com)



### YouTube Viewing

January 31<sup>st</sup> Chickies Rocks Hike <http://www.youtube.com/watch?v=ZlqR6x5pqNg>

May 30 P: Leis **Boiling Springs Berry Hike** It may be too early for samples but not too  
 Sunday T: Easy early to identify the delicious berries Mother Nature offers along the trail.  
 9:30 AM L: 5 **MEET ONLY** at Mid-Atlantic AT office across from the Boiling Springs  
 Post Office on Rt.174. Allow time for a possible pizza stop afterwards.  
**Leaders:** Janeen Christ, 576-8100, [janemjoto@comcast.net](mailto:janemjoto@comcast.net) and Sandy  
 Wolfgang, 697-6465

**PA HIKING WEEK May 29 through June 6**

June 1 P: Mod **Peter's Mountain Sunset Hike** Hike up Peter's Mountain from Clark's  
 Tuesday T: Rug Ferry. If the weather cooperates, we will have wonderful views of the  
 6:00 PM L: 5 Susquehanna River from the ridge. **MEET** at the parking area just off exit  
 Rt. 147 from Rt. 322. **Leader:** John O'Day, 939-0954 (H), 507-6399 (C),  
 0 hwy miles [jwoday@hotmail.com](mailto:jwoday@hotmail.com)

June 3 P: Leis **Rock'n Tots: Five Senses Garden** Explore the Capital Area Greenbelt's  
 Thursday T: Paved Five Senses Gardens. This patch offers something for the closely supervised  
 6:00 PM L: 1 toddler through school age with a stream nearby. If there are enough big  
 people, we can walk across another busy street to the bridge under I-83 (yes,  
 that's right). Meet rain or shine- indoor Plan B option possible nearby. Eat  
 0 hwy miles first or bring a self-contained snack, no picnic tables. **MEET ONLY** at the  
 Greenbelt parking lot on Pa 441 just west of Mall Rd. Call or check out  
<http://www.caga.org/fivesenses/FiveSenses.html>  
**Leader:** Laurel Fleszar, 583-2093, [laurel@fleszar.org](mailto:laurel@fleszar.org)

<u>June 5</u> Saturday	<b>National Trails Day – Grand Opening of the A.T. Museum</b> (see page 15 for details)
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June 6 P: Mod **Kayak/Canoe Expedition** Paddle from Selinsgrove to McKees Falls. Every  
 Sunday T: River vessel "SHOULD HAVE" a Fish Commission registration sticker! PFD's  
 10:00 AM L: 13.4 are required. Bring a lunch. **MEET** at Duncannon "Sled Works" parking lot.  
**Leader:** Sharon Shellenberger, 249-6575  
 40 hwy miles [sharonshellenberger@gmail.com](mailto:sharonshellenberger@gmail.com)

**APPALACHIAN TRAIL 2010 HIKE ACROSS PENNSYLVANIA**

[See **Hiking and Activities Schedule** for May 1, May 15, and May 29]

June 12 Hamburg Reservoir to Hawk Mountain – 8.5 miles

June 26 Hawk Mountain to Rt. 309 – 11.5 miles

July 10 PA-309 to Ashfield Road – 8.3 miles

July 24 Ashfield Road to Little Gap Danielsville – 10.3 miles

\*Little Gap Danielsville to Smith Gap Road – 7.3 miles

\*Smith Gap Road to Rt. 33 – 8.1 miles

\*PA-33 to PA-191 – 8.6 miles

\*PA-191 to US-611 to Delaware Water Gap – 7 miles

\*Dates to be determined and will be published in the next issue of the Bushwack Bulletin – hike leaders needed.

## Hike Description Codes

### P-T-L Codes (Pace, Terrain and Length/Mileage)

<u>Pace Codes</u>	
<b>Leisurely</b>	Nature or historical walk; frequent stops for observation
<b>Moderate</b>	Steady, 1 to 2 miles per hour (mph)
<b>Brisk</b>	Steady, 2 to 3 mph
<b>Fast</b>	3 to 4 mph; very short breaks; a workout

<u>Terrain Codes</u>	
<b>Paved</b>	Solid pavement/sidewalk
<b>Easy</b>	Soft ground / sand / carriage trails; nearly level; few rocks / roots / obstructions
<b>Rugged</b>	Some rocks / roots / obstructions / unbridged stream crossings possible; climbs and descents totaling up to 1000 feet possible
<b>Strenuous</b>	Steep hills, rocks / roots / obstructions / unbridged stream crossing likely; frequent climbs and descents totaling more than 1,000 feet
<b>Extremely Difficult</b> - Usually more than 12 miles; some or all of these features possible or likely: rocks / roots / obstructions / unbridged stream crossings; non technical rock climbing / scrambling; bushwhacking; climbs and descents totaling well over 1,000 feet	

Length/Mileage Estimated by hike/event leader

### GENERAL HIKE INFORMATION



**1. TRANSPORTATION** The hike leader may determine the amount required to reimburse drivers for rides between the meeting places and trail head. If you ride with someone, please reimburse the driver the amount specified. General Rule: Please give the driver *10 cents* times the highway mileage.

**2. REGISTRATION** All hikers must register (sign in) with the hike leader at the meeting place or at the trailhead before starting any scheduled hike. Some hikes require advance registration with the hike leader. Please check the schedule for this request.

**3. PACK IN, PACK OUT (LEAVE NOTHING BEHIND)**



leave no trace

**4. SMOKING GUIDELINES** SATC prefers that hikers refrain from the use of tobacco products during Club activities. Smokers are individually responsible for damage to the forests.

### Llama Adventure Hike

On **Sunday, March 28<sup>th</sup>** meet "Lewis and Clark" backpacking llamas as you join hike leader John Zerphey on a 3 mile journey in the Boyd Big Tree area. **MEET** at 10AM at Hardees Restaurant in Dauphin. Contact John E. Zerphey, 939-9082 or Louise Sis, 774-0196. All are welcome. John will give a llama packing demonstration.

### SATC Parking Lot Project

The parking lot on top of Peters Mountain is the southern gateway to the 20 mile section of the Appalachian Trail maintained by **SATC**. It is heavily used and easily accessed due to its location along PA-225. Over the past two years, deteriorating conditions of the parking lot surface and surrounding area, as well as evidence of distasteful conduct, have been observed.

Therefore, this spring SATC is undertaking a project to curb littering and deter questionable activity while recreating a beautiful, natural forest setting.

Volunteers are needed to:

- Spread gravel to fill 4 fairly significant potholes.
- Remove invasive plants, brush overgrowth, and dead trees.
- Plant native ground cover. (Suggestion: Appalachian barren strawberry)
- Cover-up graffiti and stain fence a natural dark wood shade.

Work will be done on weekends and after work as weather permits. No special skills needed.

Persons interested restoring a positive first impression to hikers on SATC's A.T. Section may contact Karen Balaban 717.232.3708  
[KMBalaban@BalabanLLC.com](mailto:KMBalaban@BalabanLLC.com)

## 2010 SATC Annual Meeting and Banquet



Appalachian Brewing Company, Inc.  
50 N. Cameron Street, Harrisburg PA 17101  
Phone 717-221-1080  
[www.abcbrew.com](http://www.abcbrew.com)



**Friday, March 26<sup>th</sup> 6:20 pm** upper level rear banquet room (A complimentary brewery tour, for up to 25 participants, begins at 6:00 PM in the lower level)

Banquet will include election of **SATC** Officers and Directors, awards, presentations, and a featured speaker.

The buffet style meal includes (among other treats): "Mountain" Goat Cheese Enchiladas, "Bushwack" Green Beans, "Tuscarora" Glazed Chicken, and "Scenic Overlook" Salad.

**Price** Adult - \$17                      Children under 5 - \$5

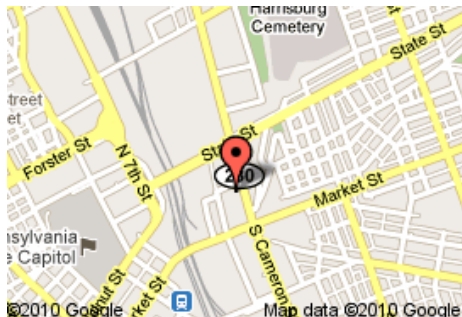
**RSVP** Please use the Membership Application at the back of this publication and send your payment to the address shown on the form by **March 20<sup>th</sup>**. If you need to renew your membership, please include your membership dues with your banquet payment. You will not receive a ticket. Names will be checked at the door.

**Door Prizes** Obtain a ticket at the door for a chance at receiving one of a variety of Door Prize gifts.

**Featured Speaker Wanda Shirk, Vice President of KTA and contestant on CBS Survivor: Palau**  
Born in Belleville, PA, Wanda Shirk grew up in Ephrata and earned her Master's degree in education from Kutztown University. She taught junior and senior high school English for 33 years, from 1971 to 1977 at Warwick High School in Lititz, and then at Northern Potter High School in Ulysses, PA.

Deeply involved in community service, the Ulysses Library, Potter County Foster Parents Association, Potter County Planning Commission, and the Keystone Trails Association are a few of the organizations that benefit from her time and efforts. Wanda enjoys backpacking and hiking. In 2000, she solo backpacked the 85 mile Susquehannock Trail in Potter County. This past summer, she solo backpacked 75 miles of the Quehanna Trail.

Wanda's talk will be about her experience being selected as one of the 20 contestants for season 10 of CBS Survivor: Palau.



### **Directions to the Banquet**

From I-83: Take the 2nd Street exit. Turn right at the 1st light (Paxton Street). Turn left at the next light (Cameron Street). Go through the next light (Market Street). Look for the 3 story brick building on the left hand side (corner of Cameron and Walnut).

From I-81: Take the Cameron Street exit. Go about 1 mile past the Farm Show Complex. Look for the 3 story brick building on the right hand side (corner of Cameron and Walnut).

From the West Shore: Take the Market Street Bridge over the Susquehanna River. Take Market Street past the Railroad Station to the next light (Cameron Street). Go left onto Cameron Street and look for the 3 story brick building on the left (corner of Cameron and Walnut).

**For further information**, please contact: Bob Doren at [cibob@aol.com](mailto:cibob@aol.com) or 763-0667

### Trail Building Opportunity

Trail builders are needed to construct relocations and enhancements along the Standing Stone Trail (formerly the Link Trail) in central Pennsylvania.



This trail extends 70+ miles from Greenwood Furnace State Park (North) to Cowans Gap State Park (South). **SATC** members Carl Lorence and Tom Scully have spearheaded a 5+-year effort to greatly enhance the hiking experience of the trail route. Carl has been project manager, orchestrating many meetings and coordination; he is the former Standing Stone Trail Club President. Tom has been busy scouting and flagging the landscape for possible routes, and preparing master plan documents for State agencies.

This trail is also part of the new Great Eastern Trail (GET), which will generally parallel the Appalachian Trail from Florida to New York. Consequently, our work will be part of a long distance backpacking route expected to become a National Scenic Trail in the future, and usage of the trail is expected to increase. Typical work would involve clearing; blazing; fire raking off the organic top layer; sidehill digging; rock work; and post installation.

This is not an **SATC** project, and the trips will not be **SATC** events. Work trips will not coincide with **SATC** work days. Work trips would be call-up via email a few days before a trip, which are dependent on leader availability and the weather forecast. Participants would be notified via e-mail; if you can make it, then just e-mail or call.

No experience is necessary; tools and instruction will be provided. We will car pool from the Harrisburg vicinity. Walk-in distance to the work area will vary depending on the site; some work sites are close to parking. The trail is located 1.75 to 2 hours one-way from Harrisburg, so any trips would be an all day outing. Work will likely continue for several years, as there is an abundance of work in multiple locations.

More information about the Standing Stone Trail may be found at [www.hike-sst.org](http://www.hike-sst.org).

If you are interested in being on the call-up list for this project, please contact

**Tom Scully** 717.576.0324  
[Scully@rjfisherengineering.com](mailto:Scully@rjfisherengineering.com)

**Carl Lorence** 717.234.1521  
[pastumbler@aol.com](mailto:pastumbler@aol.com)



### A.T. Museum Grand Opening Events and Volunteer Opportunities



**APPALACHIAN TRAIL MUSEUM**  
Pine Grove Furnace State Park  
Pennsylvania

The Appalachian Trail Museum has scheduled its **Grand Opening on National Trails Day, June 5, 2010 at 11am**. The Museum is located in the Old Mill Building at Pine Grove Furnace State Park, Gardners, PA. The dedication ceremony will feature speakers

representing government agencies which have been supporting the Museum, hiking groups and the families of the pioneer thru-hikers. In the afternoon, there will also be special programs, including a talk by Gene Espy, the second thru-hiker, as well as programs for children.

This year's theme for the Trail Days Festival, held in Damascus, VA in mid-May, will be "Celebrating the Appalachian Trail Museum." More information is available at [www.traildays.us](http://www.traildays.us). The festival will feature a T-shirt designed by **SATC** member Nancy

Stawitz, who has designed much of the promotional material for the Museum as well as the exhibit layout. Work continues organizing volunteers.

In January, 38 people attended the first organizational meeting of the docents, who will staff the Museum. There will be another **docents meeting** on **February 19<sup>th</sup> at 4pm** at the Old Mill. Anyone interested is welcome to attend. Other volunteer opportunities will also be explained. Museum hours will be from 1 p.m. to 5 p.m. daily during the summer and weekends only in the spring and fall.

Volunteers from local hiking clubs will be doing most of the construction work. Anyone who would like to help should contact the Museum Society.

The **Museum Society's annual meeting** will be held on **March 21<sup>st</sup> at 9am** at the Ironmasters Hostel, Pine Grove Furnace SP in Gardners, PA. All are welcome to attend.

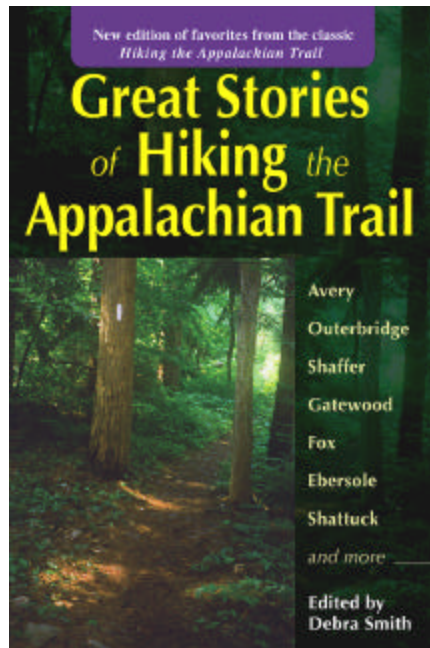
For additional information about the Museum's activities, or to volunteer, please contact [info@atmuseum.org](mailto:info@atmuseum.org) or call Larry Luxenberg at 845-708-5306.

**Great Stories of Hiking the Appalachian Trail**, edited by Debra Smith. Paperback, 244 pages, 8 black and white photographs, foreword by Dave Startzell, executive director of Appalachian Trail Conservancy. Available February 2010.

Thirty-five years ago, Rodale Press published a collection of stories from the earliest thru-hikers of the Appalachian Trail. At well over 2000 pages, this massive 2-volume set became a standard in the literature of the Trail. It was extremely popular, and rapidly became a pillar in the collection of important Trail books. Rodale only published the set once, in 1975, and the book went out of print. Through the years, the books became more and more difficult to find, even in used bookstores and libraries.

The good news is that Stackpole Books has just published **Great Stories of Hiking the Appalachian Trail**, a reprint of several of the stories from the original Rodale books. These are the tales of some of the most legendary names of the Trail, written shortly after their hikes. Those were the days when a person was considered a little bit crazy to even try such a stunt, and the earliest hikers had a hard time convincing others that they had truly done it. The Trail was difficult to follow in those days; World War II had drained

away the small number volunteer trail builders, the great hurricane in the mid-1930's had created devastation and chaos on the mountaintops of the Northeast, and in those days, no one in their right mind would even consider walking from Maine to Georgia.



Nevertheless, a unique group of individuals decided that they would do just that. These are their stories, in their own

words. Myron Avery, George Outerbridge, Grandma Gatewood, Margaret and Bump Smith are just a few the voices who speak to us of their life-changing experiences and their adventures on the Appalachian Trail of the 1930s to the 1970s. The Trail was a very different place then, and reading the words of those who came before us give us a deeper understanding of the incredible, remarkable story behind this great trail.

Dave Startzell, executive director of the ATC, wrote the foreword. He provides both a historical perspective and an assessment of the current status of the Trail, its army of volunteer trail builders and its caretakers. Startzell celebrates its place in the American mind and culture, and writes of how the lure of the Appalachian Trail captures the minds and hearts of those who hike it and maintain it. It is wonderful to read the stories of hikers of 50 years ago who had the same love and passion for the Trail as we do today.

\*Debra Smith is an SATC member

### **Hike for Habitat**

This annual event will be held on **Saturday September 18<sup>th</sup>** in Colonel Denning SP and the Tuscarora State Forest. The main hike will be 24 miles long starting at 7:30 am. A new feature this year is a 14K (8.7 miles) Ramble starting at 8:15 am. Checkpoints along the routes provide beverages and snacks to maintain your energy level. For a novice, the Ramble provides a great opportunity to experience a supported hike.

Registration fee includes a light, cold breakfast, snacks and drinks at each checkpoint, lunch at the finish, and a T-shirt. Don't want to break a sweat? Plenty of volunteer opportunities – both before and during September 18<sup>th</sup> - allow you to share the fun and camaraderie. Sponsorships are also available. **To learn more**, please visit [http://mysite.verizon.net/vz\\_ezchws/satc2010hike/](http://mysite.verizon.net/vz_ezchws/satc2010hike/) or contact Karen Balaban 717.232.3708 [KMBalaban@BalabanLLC.com](mailto:KMBalaban@BalabanLLC.com)

"Everybody needs beauty as well as bread, places to play in and pray in, where nature may heal and give strength to body and soul."

~ John Muir



## **KTA 2010 Trail Care & Summer Trail Crew Schedule**

One of the most important and rewarding aspects of involvement with the Keystone Trails Association is the opportunity to help maintain Pennsylvania's hiking trails.

### **KTA Trail Care**

This year eight trail care weekends have been scheduled between March and November, as well as a first of its kind one-day trail clearing event at [SHIKELLAMY STATE PARK](#) Overlook on March 27<sup>th</sup>.

A Trail Care weekend begins with volunteers arriving at the designated camping area Friday evening. Saturday and half-day Sunday are devoted to clearing brush and blowdowns, painting blazes, digging sidehill or installing signage, as needed. Tools and gloves are provided. Participants must bring their own camping gear. Volunteers of all ages are encouraged to attend, and no experience is necessary.

- Unable to stay for the entire weekend? Two or three hours of work is needed and appreciated.

### **March 19-21 Mid State Trail, State College Region**

Leader: Kevin Busko

Phone: 814.643.4238

Email: [kbusko@verizon.net](mailto:kbusko@verizon.net)

Camp at Seven Mountains Scout Camp in Rimmey cabin off US 322 on Sand Mountain Road

### **April 16-18 Allegheny Front Trail**

Leader: Ed Lawrence/Ralph Seeley

Phone: 570.925.5285 (Ed)

Email: [cathyed@nationi.net](mailto:cathyed@nationi.net) (Ed)

Camp at Black Moshannon State Park

### **May 14-16 Thunder Swamp Trail**

Leader: John Motz

Phone: 570.236.1462

Email: [trailbldr@hotmail.com](mailto:trailbldr@hotmail.com)

Camp at Promised Land State Park

### **KTA Summer Trail Crew**

**Ed Lawrence** of Orangeville has accepted the position of KTA Trail Care Chair. Ed has been an active volunteer with Trail Care since the late 1990s and maintains a section of the Mid-State Trail south of Ravensburg State Park. He replaces long-time trail care and trail crew leader Joe Healey, who retired at the end of the 2009 work season. Trail maintenance volunteers tackle the big projects during the summer trail crew season. This year four trail crew weeks have been scheduled in June.

**Week #1: June 1-6, Standing Stone Trail**

**Week #2: June 8-13, North Country Trail**

**Week #3: June 15-20, Chuck Keiper / Donut Hole Trails**

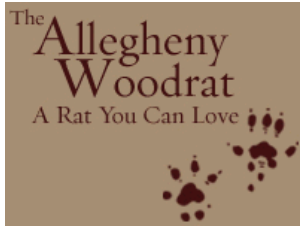
**Week #4: June 22-27, Mid State Trail, Everett Region**

Summer trail crews assemble on Tuesday evening for dinner and orientation. Work is performed all day Wednesday through Saturday and a half-day on Sunday. Volunteers are accepted for one day, a weekend, all week or the entire crew season.

The Keystone Trails Association provides a place to camp, meals, tools, work gloves, safety equipment and instruction by the crew leader. You must pre-register for the summer trail crew. For an application, please contact Ed Lawrence, Trail Care Chair by email at [cathyed@nationi.net](mailto:cathyed@nationi.net) or by phone at 570.925.5285. For more information on the KTA trail care and summer trail crew programs, please visit [www.kta-hike.org](http://www.kta-hike.org).

Keystone Trails Association has produced a **Guide to Hiking Trails in Pennsylvania**. This hiking map features the 29 long distance hiking trails in the state, providing short trail descriptions and links to appropriate web sites. The 24 by 36 inch full color map, printed on both sides, folds to 3 by 8 inches. Order your copy on the KTA web site [www.kta-hike.org](http://www.kta-hike.org) \$4.95 for KTA member and \$5.95 for non-members, plus shipping and sales tax.

Keystone Trails Association, 101 N. Front Street, Harrisburg, PA 17101 - 717.238.7017 - [info@kta-hike.org](mailto:info@kta-hike.org)



**On The Rocks: The Life and Times of the Allegheny "Goodrat"**

An Appalachian Audubon Society presentation on **Thursday, April 15<sup>th</sup> 7:30pm to 9:00pm** at Christ Presbyterian Church, 421 Deerfield Road in the Allendale development, Camp Hill. Open to the Public

The Allegheny woodrat (*Neotoma magister*) is a good rat in Pennsylvania with a fascinating life history. Jerry Hassinger, biologist and retired chief of the Wildlife Diversity Section of the Pa. Game Commission, has spent many years researching this cute, threatened critter of our rocky ridges, and will share some interesting facts and stories about this furry-tailed pack rat. A research update on the woodrat populations and conservation measures being implemented to reduce its steady population decline will be provided.

**Race, Run, Ride & Ramble**

Cumberland Valley Rail-Trail

**Sunday, April 18<sup>th</sup>**

15k Race – 1pm

5K Fun Run/Walk – 11am

30k Bike Ride – 10:45am

15k Ramble – 10am



Proceeds benefit the Cumberland Valley Rail-to-Trails Council (CVRTC)

Online registration at [www.active.com](http://www.active.com)

Results will be posted at [www.cvrctc.org](http://www.cvrctc.org)

For more information or to volunteer contact:

Garret Stahlman • 717.300.1337 •

[race@cvrtc.org](mailto:race@cvrtc.org)



**Saturday April 24th 9am to 4pm**

Main/Market Street, Downtown Mechanicsburg

Trails and Trees Environmental Center, 1750 S Market Street

**Earth Day is a celebration and appreciation for the Earth's environment. It is intended to inspire awareness of the environment.**

<http://www.mechanicsburgearthdayfestival.com/>

**"The Appalachian Trail - A Footpath for Those Who Seek Fellowship with the Wilderness."**

On **Tuesday, May 25<sup>th</sup> from 7:00pm - 8:30pm**, SATC member Lorrie Preston will present this free program at the Olewine Nature Center, Wildwood Park.

Lorrie began section hiking the A.T. in 2006 during SATC's *Hike Across Pennsylvania* and has completed nearly 1,000 miles of the trail. She will present images of trailside wildflowers through the seasons, birds and other jewels of nature, as well as vistas and trail highlights from eight states, including the rugged White Mountains of New Hampshire. Learn where a dozen trailheads are in our area so you can create your own A.T. adventure. For more information [www.wildwoodlake.org](http://www.wildwoodlake.org) or [mitandpak@aol.com](mailto:mitandpak@aol.com).



**Star-Spangled Banner National Historic Trail**

<http://www.nps.gov/stsp/index.htm>

Places and landscapes still exist today that provide a touchstone to the past. The trail traces four major events and related sites that figured prominently in the Chesapeake Campaign of the War of 1812 that have national significance, physical integrity, and the potential for contemporary recreation and/or interpretation.

**A.T. Museum Grand Opening Weekend Hikes**

The Grand Opening of the A.T. Museum will feature an extended weekend (**June 3, 4, 6, & 7**) of section hikes on the Appalachian Trail. The program is being organized by Karen Balaban (**SATC** president) in conjunction with CVATC, MCM, PATC, and YHC. On **June 5<sup>th</sup>** there will also be a special 6 mile hike to the opening ceremony from Kings Gap State Park on the Buck Ridge Trail. Participants are requested to make a small donation to the Museum and in return will receive a special commemorative patch and be acknowledged at the Museum. Persons willing to lead hikes or volunteer to assist with the Opening Day Hike please contact Karen [KMBalaban@BalabanLLC.com](mailto:KMBalaban@BalabanLLC.com) 717.232.3708.



# SATC MEMBERSHIP (RENEWAL) & BANQUET RESERVATION FORM

Please check all applicable box(es):  New membership  Purchase of club merchandise  
 Banquet  Renewal\*  Correction of membership details

*\*For membership renewals with no change in data, only enter dues payment, print name(s) and sign form.*

- Individual Membership \$15.00 per year x \_\_\_ years = \$\_\_\_\_\_
- Joint Membership (at same address) \$25.00 per year x \_\_\_ years = \$\_\_\_\_\_
- Life Membership \$375.00 for an individual membership; \$625.00 for joint membership \$\_\_\_\_\_
- 55 years old & over** \$300.00 for an individual membership; \$500.00 for joint membership \$\_\_\_\_\_
- Student Membership—*must be full-time, 18 years or older; include copy of current student ID;* \$ 0  
*must receive all communications electronically; must be renewed annually*
- I would also like to contribute to support the Club's shelter maintenance and trail system. \$\_\_\_\_\_
- SATC Club Patch (\$2.00 plus .12 sales tax) \_\_\_ x \$ 2.12 = \$\_\_\_\_\_
- Colored map of AT Sections 1-6 in Pennsylvania (\$12.00 plus .72 sales tax) \_\_\_ x \$12.72 = \$\_\_\_\_\_
- Colored map of AT Sections 7-8 in Pennsylvania (\$6.00 plus .36 sales tax) \_\_\_ x \$ 6.36 = \$\_\_\_\_\_
- Banquet March 27, 2009 @ Appalachian Brewing Company (Harrisburg) Adults \_\_\_ x \$15.00 = \$\_\_\_\_\_
- Children under 5 \_\_\_ x \$ 5.00 = \$\_\_\_\_\_

**Make checks payable to: SATC** **Amount Enclosed** \$ \_\_\_\_\_

**Send completed form and payment to: SATC, P.O. Box 61001, Harrisburg, PA 17106-1001**

Name (Print) \_\_\_\_\_ Joint Member Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ - \_\_\_\_\_

Telephone (Home) \_\_\_\_\_ Telephone (Other) \_\_\_\_\_

E-mail \_\_\_\_\_ Occupation \_\_\_\_\_

**Distribution of Club Newsletter** (Choose one):

- Email PDF File (includes pictures)  Regular Mail (USPS)

If no choice is made, the Club will email a PDF File. Emailed Newsletters precede regular mailed ones by one week.

**Check here if you do NOT wish to be listed in the Club Directory.**

Check below if you would be willing to help with any of the following activities:

- Finance  Committee Member  Trail Maintenance  Publicity  Phone Calls
- Hike Leader – We encourage hike leaders to attend quarterly Membership Meetings noted in the *Bushwack Bulletin*.

**Payment of dues constitutes an agreement of those signing below with the policies of the SATC including the following liability statement:** I am aware of the risks inherent in outdoor activities. While participating in an SATC activity of any type, I will be responsible for my own well being and that of my minor children. I release and hold harmless SATC, its officers, directors, members, and the volunteers associated with an SATC activity from all liability for any injury, loss or damage to my or my minor children's person or property, direct or consequential, that occur during my/our participation in an SATC activity including the travel involved.

Signature \_\_\_\_\_ Date \_\_\_\_\_ Joint Member Signature \_\_\_\_\_ Date \_\_\_\_\_

**This application for membership MUST BE SIGNED AND DATED by all persons 18 years of age or older and all married persons below the age of 18 who belong or wish to belong to SATC under this membership.**

----- DO NOT WRITE BELOW THIS LINE ----- DO NOT REMOVE THE BOTTOM PORTION -----

Processed by Treasurer \_\_\_\_\_ Processed by Database Manager \_\_\_\_\_ Dues Paid to April 1, \_\_\_\_\_  
Issue code 56



**Susquehanna Appalachian Trail Club**  
P.O. Box 61001  
Harrisburg, PA 17106-1001

**DATED MATERIAL**

**NON-PROFIT ORG.**  
U S POSTAGE  
**PAID**  
HARRISBURG PA  
PERMIT NO. 15

**RETURN SERVICE REQUESTED**

Your membership expiration date is listed above your name. "4/01/2010" is now due.

Please send all changes of mailing address, phone number, and e-mail address to:  
SATC, P.O. Box 61001, Harrisburg, PA 17106-1001 E-mail: [hike-hbg@satc-hike.org](mailto:hike-hbg@satc-hike.org)