

BUSHWACK BULLETIN

The BUSHWACK BULLETIN is published quarterly in the months of February, May, August and November by the Susquehanna Appalachian Trail Club, Inc. (SATC) P.O. Box 61001, Harrisburg, PA 17106-1001.

A Hiking Publication For The Harrisburg Area

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Our Objectives: Group Hiking + Trail Maintenance + Outdoor Recreation

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SATC is a 501(c)(3) non-profit corporation organized in 1954; membership contributions and additional donations are tax-deductible as a charitable contribution. To make a donation or renew your membership see p. 19.

Greetings fellow hikers!

Are you taking advantage of the intermediate “dry” spells to get outside and view mother nature’s wonderful array of wildflowers? If you haven’t, there are some great photos posted on SATC’s Facebook page <http://www.facebook.com/pages/Susquehanna-Appalachian-Trail-Club/139038926155348>. As of May 15th, SATC’s FB page has 186 “Likes”. The page is very dynamic with new informational and entertaining postings daily. Tom Scully’s photos of SATC’s Standing Stone Trail hike on April 30th hold the record with 887 “impressions” (views).

In addition to SATC’s great list of hikes, June will be a very busy trail month. June 1st through 5th, are the final days of PA’s Hiking Week. <http://www.explorepatrails.com/calendar.aspx>. Saturday June 4th is National Trails Day which SATC will celebrate at the annual Boiling Springs Foundry Day along with ATC and other area hiking clubs. It will be great fun with arts, crafts, educational exhibits, food, and, oh yes, some short hikes. June 11th is National Get Outdoors Day (“GO-Day”) <http://www.nationalgetoutdoorsday.org/>. PA State Parks events calendar lists a variety of outside activities. <http://www.dcnr.state.pa.us/Calendar/list.asp?offset=390&sortby=Time&ordering=ASC&Facility=0&NumberOfEventsToShowInGrid=10>. The first A.T. Hall of Fame dinner will be held on Friday June 17th to kick-off the A.T. Museum Festival weekend. (more details on p. 13.) WOW - who could ever be bored!

Have you noticed that this issue of the newsletter is a little lean? The *Bushwack Bulletin* is YOUR newsletter, so to make it thrive, the editor needs YOUR (timely) submission of items of interest, photos, acknowledgements, hikes, etc. The editor has limited time to create original content in addition to the other editorial functions. SATC anticipates more submissions for the next edition.

I look forward to hearing your summer hiking tales at the SATC picnic on Tuesday July 19th. Until then, keep safe, watch out for poison ivy, and remove those pesky ticks promptly.

Enjoy the trails!

Karen

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Special Financial Contributions Marcia Nye, Jeff Buehler, Robert Best, Don & Judith Muth, Cindy Radich, Randall Orris, Jim Morris, George Garbarino, Frank Bohn, John Capowski, Taylor Brendza, Trisha Sanders, Paul & Cabarini Rudnick, Perry Ligon, Karl Smith, Wendy Lloyd, Erich Shellenberger, Teresa Neubaum, Chris Moulton, Chris Dunlap, Larry Walters, Brad Barrows, Phil Day

Trail Work Crew (March through early May)
Karen Balaban, Tim Bachmann, Gail Brossman, Jeff Buehler, Jack Bushey, Janice Ellis, George Garbarino, Andy Garman, Sean Gimble, Gary LaBelle, Perry Ligon, Bob Nicolodi, Tom Scully, Rob Shaw, Sharon Shellenberger, John Sivley, Jeff Willard, Lisa Williamson.

Congratulations to SATC’s 2011 HAMsters (Hike Across Maryland) Karen Balaban, Sally Brossman, Jennifer Hollinger, Gary Labelle, Tom Scully, Rob Shaw, Sharon Shellenberger, Jeff Willard and Paul Wummer who successfully completed the 41-mile hike across Maryland (HAM) on the Appalachian Trail on Saturday May 7th. Kudos to Sally for being the 2nd place woman with a time of 10 hours and 40 minutes.



New Members

Larry Luxenberg Wendy Lloyd
John Semo Debbie Weaver
Arlene Buchholz Jane Watts
Sandra LeVan Jason Myer
Marilyn Chastek Rita Rhoades
James M. Smith

Giant Boot Award – Lorrie “Shutterburg” Preston

Appreciation for Past Service - Former SATC Directors Craig Barnhart & Nancy Stawitz (Hiking Committee Co-Chairs) & John O’Day (Directory editor)

New Directors – Trisha Sanders, Laura Sheely, & Rick Stahl



SATC Receives L.L. Bean Grant from the Appalachian Trail Conservancy (ATC)

SATC has been awarded two small grants for 2011 from the ATC to assist in the club's maintenance and management of the Appalachian National Scenic Trail ("A.T."). The funds (\$250) will be used to construct an aerial food storage system at the Peters Mountain shelter (protect food from black bears) and (\$400) to replace some safety gear worn by our trail work crew volunteers. The safety gear has already been put into use on the Yellow Springs rehab project requiring a lot of rock work. SATC is looking for volunteers to assist in erecting the aerial food storage system. Please contact Jeff Buehler, SATC Trailmaster, (717) 657-8281 AThikerJB@aol.com.

Funding for the grants came from the "L.L. Bean Grants to A.T. Clubs" program, which is providing more than \$24,007 this year for projects along the A.T. As 1 of 31 A.T. clubs, SATC is responsible for maintaining 21 miles of the Appalachian Trail.



Obituary: Mary Ludes

Long-time SATC member, Mary Ludes, passed away on Friday, April 8th. Mary was 91 years old and had been living at Country Meadows for the last several years. She had remained

very bright and coherent in her later years, but died of cancer.

Mary was a very bold, adventurous woman in her day - the first woman engineer at Bell Telephone Company and she did extensive hiking, including most, if not all, of the Appalachian Trail. She had traveled and hiked with Elderhostel groups over the years, too. She enjoyed nature and birding, and was also a member of the Appalachian Trail Conservancy, Appalachian Audubon Society, and the Central PA Conservancy. Mary was also a Navy Veteran of World War II and a member of the Telephone Company Pioneers. She was the widow of Joseph C. Ludes and is survived by a son, Joseph Ludes, a brother, Robert Emmett Waldron, and 29 nieces and nephews.

Free Entrance Days in the National Parks

America's Best Idea – the national parks – gets even better with several fee-free days at more than 100 national parks that [usually charge entrance fees](#).* Mark your calendar for these fee-free days in 2011:

June 21 - First day of summer
September 24 - Public Lands Day
November 11-13 - Veterans Day weekend

Making the fun even more affordable, many national park concessionaires are joining the National Park

Service in welcoming visitors with their own [special offers](#). Here's a tip – many of your 394 national parks NEVER charge an entrance fee. So start [Planning Your Visit!](#)

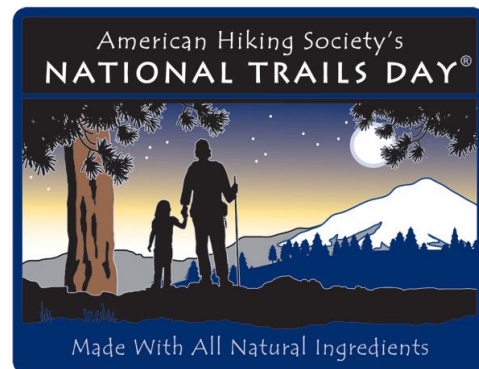
**Fee waiver includes: entrance fees, commercial tour fees, and transportation entrance fees. Other fees such as reservation, camping, tours, concession and fees collected by third parties are not included unless stated otherwise.*

Get To Know Your New SATC Directors

Trisha Sanders – Trisha grew up in northern NJ and came to PA to attend Elizabethtown College. She loved the area so much that she stayed. She became involved with SATC about a year ago & has already become a hike leader. Trisha enjoys being outdoors in all seasons. She organized an online hiking group called the Day Hikers of Central PA. Trisha hopes to section-hike the A.T. someday. You'll see Trisha on the trail frequently this spring as she fine-tunes her hiking muscles for the May 21st "March for the Mansion". Trisha chairs the Hospitality Committee.

Laura Sheely – Laura is a long time member of SATC and an avid adventurer. She loves to travel and has hiked in Alaska, Washington, Utah & California, as well as in Croatia and England. She enjoys horseback riding, bicycling, camping, and kayaking. She has completed the A.T. in PA & has hiked sections of the Trail in other states. Laura has winter-hiked about 2/3's of the 4,000 footers in NH. She is currently working on completing SATC's section series of the Standing Stone Trail. Laura co-chairs the Hiking Committee.

Rick Stahl – Rick has been hiking with SATC since 2006 when he moved back to PA from NJ. During college breaks in the 90's, he solo-hiked sections of the A.T. in PA, and has since completed hiking the Trail through PA and MD. Other hike highlights include the Falls and Half Dome in Yosemite, as well as Mt. Ebert in CO, the second tallest mountain in the continental U.S. In 2010, Rick finished 3rd in the 31.1 mile C & O Canal hike and also participated in the 24-mile Ironmasters Challenge. His next adventure, after completing this year's "March for the Mansion", is the Maryland Challenge: hiking the 41-mile length of the A.T. in Maryland in one-day, from south to north. Rick co-chairs the Hiking Committee.



Lorrie Preston receives the 2011 SATC Giant Boot Award

The Giant Boot Award is clearly the most prestigious honor bestowed by **SATC**. As acknowledged by the roll of distinguished recipients, it is only upon careful deliberation that **SATC**'s most deserving members are presented with this coveted recognition. Accordingly, the awards committee recognized Lorrie "Shutterburg" Preston for the 2011 **SATC** Giant Boot Award.



Lorrie has held a joint membership in SATC (with her husband Bob) since November 2005. These years are best measured by her high level of energy, encouraging enthusiasm, and contagious smile which quickly advanced her to a leadership position. Perhaps Lorrie's most exceptional contribution has been the initiation of the A.T. section series across PA and its contiguous states. The series not only provided an opportunity for our members to complete the A.T. in four states, it also developed into a fantastic membership recruitment tool. Additionally, Lorrie's concern for the environment and her commitment to the preservation of our natural resources launched the creation of the Weed Warrior team.

The following contributions are evidence of the exceptional level of Lorrie's selfless dedication to the betterment of **SATC**.

Lead 25 hikes with at least 4 of them being part of the **SATC** A.T. series.

Organized the A.T. section series across the states of PA, MD, WV, & NJ (2006 - 2008)

- Arranged for make-up hikes for the various A.T. state section series. (2006-2008)
- Reserved overnight accommodations for hike participants for the northern PA (2006-2007), MD & WV (2007), and NJ (2008) A.T. section series.
- Submitted 2 dozen articles or significant notices for the Bushwack Bulletin

- Coordinated the Walkin' Jim show in Carlisle and helped with publicity (2006)
- Self-produced a video of photos with soundtrack that portrays the experience of **SATC**'s Hike Across PA A.T. series. The video has provided an excellent promotional piece for **SATC**, frequently used at part of **SATC**'s display at various hiking related events .
- Served as an **SATC** director from April 2007 through March 2009 (did not seek a second term due to her commitment as president of Audubon).
- Chaired the Nominating Committee. (2011)
- Initiated an invasive plant eradication program and created the moniker of "Weed Warriors" for its volunteers. The program has tackled this problem on both the A.T. and the Darlington Trail.
- Privately raised funds for the club to purchase a weed wrench.
- Co-edited a new **SATC** membership brochure. (2007)
- Organized an award ceremony at the **SATC** annual picnic to recognize members who successfully completed the PA A.T. section series and had certificates prepared and presented to them. (2007)
- Served on Holiday Party, Banquet, and Conservation Committees.
- Presented "Come Walk with Me" program on the PA A.T. section series at annual banquet. (2008)
- Volunteer docent at the A.T. Museum raising **SATC**'s profile during the opening year of the museum. (2010)
- Assisted in preparing a plan for the Peters Mountain parking lot project by providing advice for the removal of invasive plants. (2010)
- Participated in the 1st clean-up day at the Peters Mountain parking lot (2010)
- Chair of the Program Committee (2011-2012)
- Was an ad hoc participant at the 2011 **SATC** Board of Directors retreat submitting valuable recommendations and follow-up comments

Lorrie has been an inspiration to our membership because she fully immerses herself in each of the listed activities. Her leadership by example gives witness to the penultimate trait warranting her receipt of the 2011 Giant Boot Award. Lorrie's selection provides the imprimatur of her contribution to **SATC**'s legacy in Central PA. CONGRATULATIONS!

SATC wishes Lorrie and Bob continued success as they whittle away sections of the A.T.

SATC Trailmaster Report by Jeff Buehler



Appalachian Trail work continues at Yellow Springs

The **SATC** Trail Crew continued this spring where we left off last fall with work on the Appalachian Trail (AT) at Yellow Springs on Sharp Mountain in State Game Lands #211. Work trips started up in mid-March and were scheduled every other weekend to work on drainage problems and trail tread repair in this area.

It has been a spring for the record books in terms of the amount of rainfall Central Pennsylvania has received and all that rain has made it tough to work on very wet trails. One work trip scheduled in April had to be cancelled due to heavy rain in a month that saw rainfall totals 3-4 times the normal amount. The heavy rains have caused lots of additional trail erosion on the AT in many places and on other trails the Club maintains.

At Yellow Springs, the work we did in the fall seemed to be paying off. The AT section between the two junctions of the Yellow Springs Trail was particularly eroded. The old road the AT follows was a wide stream during wet periods, but now hikers can walk on the new elevated portion of trail while the water runs into the adjacent drainage channel.

We continued drainage work this spring a little farther south on the trail and downhill from the work done in the fall, to an area that had multiple small streams flooding the trail. Extensive rock work was done to keep the water flowing across the trail and not down the trail. Eroded portions of the trail were backfilled with crushed stone and dirt.

A few volunteers also did some work along the section of the Yellow Springs Trail that leads from the Stony Valley railroad bed to the AT on the south side of Sharp Mountain. This side trail to the work site is hiked to save many additional miles of hiking, but the trail can be difficult to follow in places due to severe past flooding. Preliminary trail rehab makes it easier to guide us along the route. Blowdowns were cut out, some rock work was done, and the trail was re-blazed in blue paint with minor alterations to the former route.

Many thanks go to Tim Bachmann and Gary LaBelle for the impressive rock work they did along the Yellow Springs Trail, especially at the stream crossings to make them safer to cross, and to Tom Scully for the paint blazing and re-routing of some of the trail. It now should be a little easier for us to follow the trail but it is still difficult to hike due to the massive amount of destruction from the past flooding. It is not a trail recommended for casual hiking and at this time is not officially maintained by the **SATC**.

Darlington Trail

Many thanks to the volunteers that appeared on short notice for an April call-up weekday work trip on the Darlington Trail in Bryson Hollow where a huge tree broke in half and blocked the trail. We cut it out and did some other trail maintenance work clearing the trail and some drainage work building rock check dams and a waterbar.

Some of the Darlington Trail maintainers were kept busy near the end of winter when high winds brought down some trees and many limbs along their sections of the trail on Blue Mountain. John and Pat Zinn reported a mess along their section between Millers Gap and Lambs Gap roads but quickly cleaned it up after a few outings.

Trail Section Maintainers Needed

SATC currently has openings for a number of trail section maintainers for various trails the Club is responsible for maintaining. We need maintainers for the following trail sections:

Appalachian Trail – Cold Spring Trail north to the Rausch Gap Shelter side trail (2.6 miles)
Cold Spring Trail – Cold Spring parking area to the Appalachian Trail (1 mile)
Horse-Shoe Trail – Rattling Run Road to the Appalachian Trail (1 mile)

These trail sections are all located in State Game Lands #211 in rather remote areas with somewhat difficult access. If interested, please contact the **SATC** Trailmaster, AThikerJB@aol.com for more details and responsibilities.

SATC Trail Magic Days in Clark's Valley

SATC member Bob Fromme Jr. is sponsoring the Second Annual "Trail Magic Days" in Clark's Valley.
WHERE: A.T. parking lot on PA-325
WHEN: Every Wednesday 8:30am to 4:00pm in July.
Call Bob at (717) 453-7805 or E-mail at frolb46@gmail.com for details (or just show up).

Stop by and enjoy the cool waters of Clark's Creek and meet some interesting hikers! You need not contribute anything but fellowship and bring your own chair. Last year's event fed thirty hikers who exchanged stories aplenty!

Saturday, June 4, 2011



Join ATC, **SATC**, & CVATC for a day of fun, hiking, and outdoor education

4 East First Street, Boiling Springs
10:00 am to 3 pm
http://ybcrafts.org/?page_id=23

Pine Grove Furnace Named 2010 State Park of the Year

GARDNERS, PA -- Pine Grove Furnace State Park, located in the scenic South Mountain area of south central Pennsylvania, has been named the Pennsylvania State Park of the Year for 2010 by the Pennsylvania Parks and Forests Foundation.

"This is certainly an honor for all of us who work at the park to make it an enjoyable experience for visitors year-round," said Pine Grove Furnace State Park Manager Jason Zimmerman. "We welcome all who want to explore our trails, stay in our camping sites and cabins, participate in our programs, volunteer and learn about the history and importance of this beautiful area."

Highlights for 2010 included the grand opening of the Appalachian Trail Museum, the start of restoration on the Ironmaster's Mansion, formation of the Friends of Pine Grove Furnace, new and expanded programs, conservation initiatives, facility upgrades and capacity use of camping sites, hiking trails and beaches at Fuller Lake and Laurel Lake.

During its first season, the Appalachian Trail Museum, housed in the 200 year-old stone grist mill on park property, attracted more than 8,000 visitors and received national attention as the only museum in the United States devoted to hiking. It is located at the midway point of the 2,181 mile Appalachian Trail that connects 14 states from Maine to Georgia and passes through Pine Grove Furnace State Park. At its June 5, 2010, grand opening, Pennsylvania Department of Conservation and Natural Resources Secretary John Quigley spoke along with other dignitaries.

Also on park property, the Ironmaster's Mansion underwent extensive renovations during 2010 so that it can reopen on April 5 as a hostel for Appalachian Trail hikers, an environmental and history center and a special events venue.

Zimmerman said programs and special events remain popular draws for the park. The best attended in 2010 was the Fall Furnace Fest with 3500 visitors over two days. Charcoal making, blacksmith, apple cider and candle dipping demonstrations along with pumpkin carving and hayrides gave the festival broad appeal. In addition to repeating the Fall Furnace Fest (October 14-16) in 2011, the park will host an Earth Day Clean-Up (April 23), the Hammock Hang (April 30), the Ironmaster's Challenge Trail Run and Hike (May 21), National Get Outdoors Day (June 11), the Appalachian Trail Museum Festival (June 17-19), the South Mountain

Festival (September 3-5) and National Public Lands Day (September 24). There will be "fish for free" days on May 30 and September 5.

The Friends of Pine Grove Furnace was formed in 2010 to assist with special events, marketing, fundraising and volunteerism. Their support is most noticeable and welcomed with conservation initiatives such as tree planting and removing invasive species and with facility improvements such as installing new signs and on-going building maintenance.

About Pine Grove Furnace State Park

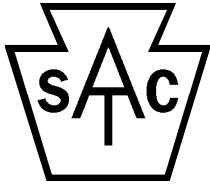
Steeped in natural and historical features, the 696-acre Pine Grove Furnace State Park is in a beautiful mountain setting in southern Cumberland County. Surrounded by Michaux State Forest, Pine Grove Furnace features two lakes, 25-acre Laurel Lake and 1.7-acre Fuller Lake, a historic area and the Appalachian Trail. The park is easily reached from I-81. Visitors should take Exit 37 to PA 233 south then travel for eight miles. For more information on DCNR, visit www.dcnr.state.pa.us.

About the Pennsylvania Parks and Forests

Foundation Pennsylvania Parks and Forests Foundation (PPFF) began in 1999 as a state-wide non-profit organization supporting the 117 state parks and 2.2 million acres of forest land. PPFF accomplishes this by providing a means for citizens to donate or bequeath money to parks and forests, promoting and supporting local volunteerism, and through recreation, and education. Visit www.paparksandforests.org for additional information.

SATC President Karen Balaban presents CPC Executive Director Deb Bowman with an **SATC** t-shirt to thank her and CPC for their outstanding efforts in restoring the Ironmaster's Mansion.





Susquehanna Appalachian Trail Club
Hiking and Activities Schedule

Next Deadline to Submit Hikes for the Bushwack Bulletin: August 5, 2011
 E-Mail to Laura Sheely at lsacct2@embarqmail.com copy Rick.Stahl@yahoo.com
 Download a Hike-Scheduling Form at <http://www.satc-hike.org/hikeldr.html>

Please **Call** Hike Leader in Inclement Weather or if You Desire to Meet at an Alternate Site
 Always **Bring** Water and Snacks or Lunch. **Wear** Boots unless Otherwise Noted
See Page 11 for General Hike Information and Code Explanations
 Please **Check** our Website for Updates (Changes, Additions, Deletions) to this Schedule



PA HIKING WEEK – Saturday May 28th through Sunday June 5th
 Hike Schedule throughout PA - <http://www.exploretrails.com/calendar.aspx>

<u>Dates & Times</u>	<u>Codes</u>	<u>Hikes and Activities</u>
<u>June 4</u> Saturday 9:00 AM	P: Leisurely T: Easy L: 4 14 hwy miles	<u>Introduction to the Appalachian Trail.</u> A short, easy hike on the world famous A.T. on National Trails Day, presented in conjunction with Mechanicsburg Parks and Recreation. Learn the history of the A.T. and the role of the volunteer maintaining clubs. Wear comfortable clothes & footwear appropriate for the weather. MEET at Elmwood Elementary School, 100 East Elmwood Avenue, Mechanicsburg, PA. Leader: Jim Foster, 717-649-5505, jimhfoster@yahoo.com
<u>June 5</u> Sunday 8:45 AM	P: Moderate T: Strenuous L: 8 0 hwy miles	<u>Sunset Rocks Loop Hike at Pine Grove Furnace State Park.</u> Significant elevation gains and challenging boulder outcrop make this only suitable for hikers in good physical condition. Great views from these magnificent boulders. MEET at Fuller Lake parking lot at Pine Grove Furnace State Park. Check on-line mapping tools for directions to park. Leader: Trisha Sanders, 717-580-7731 ilvprple31169@yahoo.com
<u>June 7</u> Tuesday 9:00 AM	P: Moderate T: Rugged L: 6 6 hwy miles	<u>Victoria Trail across A.T. to Shikellimy Trail.</u> Hike begins by ascending Victoria Trail, follows the Appalachian Trail and descends the Shikellimy Trail to Route 325. MEET at Victoria Trail parking lot on PA-325 Clark's Valley Road. Call or email leader to pre-register for hike. Leader: Carol Crum, 717-362-9856, castle@epix.net
<u>June 11 & 12</u> Saturday & Sunday 8:00 AM	P: Moderate T: Rugged L: 9 & 10 150 hwy miles	<u>A.T. Hike across Maryland (Part 2): Greenbriar State Park to Pen-Mar.</u> A two day hike on the northern half of the Appalachian Trail in Maryland. Meet in the Mechanicsburg area to carpool down to the A.T. parking lot on US 40. Bring food and camping gear for Saturday night at the Ensign Cowell A.T. shelter. We will leave the gear needed for the overnight in a car parked near the shelter. MUST PRE-REGISTER with the hike leader by May 28, 2011. Not interested in camping? Make your own reservation to stay at the Free State Hiker Hostel: www.freestatehiker.com . Leader: Jim Foster, 717-649-5505, jimhfoster@yahoo.com

June 12
Sunday
9:00 AM



Trail
Work Trip
and
Volunteer



Trail Work Trip. Joint work trip with the Horse-Shoe Trail Club. Location to be determined. Bring lunch and plenty of water. Wear old clothes and boots. Tools and safety gear provided. For more information contact leader. **MEET** at Funck's Restaurant (rear parking area) in Indiantown Gap (exit 85, I-81). We will drive to nearby Memorial Lake State Park and carpool to the trail. **Leader:** Jeff Buehler, 717-657-8281, AThikerJB@aol.com. After the work trip, enjoy a picnic hosted by the SATC Officers & Board of Directors for all SATC volunteer section maintainers and trail workers. Picnic begins at 4PM.

June 12
Sunday
9:30 AM

P: Moderate
T: Easy
L: 10

20 hwy miles

Gold Mine Road to High Bridge and Jeff's Swamp. In and out from Gold Mine Road along rail trail to High Bridge, then to the mysterious, legendary "Jeff's Swamp" and around the lake. A little rocky, some rock-hopping and small stream crossing probable. Swim optional, as well as ice cream on return. **MEET** only at Hess Station, Lickdale, PA., Exit # 90 (PA-72) from Interstate 81. **Leaders:** Tom Weaber, 717-272-2378, Joyce Kunkle 717-866-6856, kunklejd@comcast.net

June 15
Wednesday
10:00 AM

P: Moderate
T: Easy
L: 4
0 hwy miles

Bullfrog Valley – Shank Park Balloon Hike. **MEET** only at Bullfrog Valley parking lot. **Leader:** Susanne Donmoyer, 717-545-5308.

June 18
Saturday
10:00 AM

P: Brisk
T: Strenuous
L: 8

0 hwy miles

A.T. Pinnacle and Pulpit Rock Loop Hike. Brisk hike with a difficult 900 ft. climb at the beginning and rock scrambles along ridge. **MEET** only at the Hamburg Reservoir Parking area along the Appalachian Trail. Check on-line mapping tools for directions to trailhead. **Leader:** Trisha Sanders, 717-580-7731, ilvrprple31169@yahoo.com

June 21
Tuesday
5:30 PM

P: Brisk
T: Rugged
L: 3.8
40 hwy miles

After Work Summer Solstice Hike: PA-645 to PA-501, In & Out. **MEET** only in parking area near overpass bridge for Rt 22, off Rt 81 at Indiantown Gap exit/Rt 934 South. **Leader:** Rick Stahl, 973-714-1285, rick.stahl@yahoo.com

July 10
Sunday
1:00 PM

P: Moderate
T: Rugged
L: 4
10 hwy miles

Boyd Big Tree Preserve Ramble. A hike along a woods road with some short climbs. **MEET** at Soldiers and Sailors Grove (entrance to the State Library, Harrisburg). **Leader:** Susanne Donmoyer, 717-545-5308

July 12
Tuesday
6:30 PM



SATC Summer Board of Directors Meeting Members welcome.
Location: East Shore Area Library, 4501 Ethel Street, Harrisburg, PA 17109
(717) 652-9380 [Get directions](#)

July 10
Sunday
1:00 PM

P: Leisurely
T: Easy
L: 2

0 hwy miles



Kids Rock! Children's Lake & A.T. Hike. Join 6 ¾ year old hike leader Max Foster on the Appalachian Trail past Children's Lake in Boiling Springs and continuing north, then returning. Bring old bread to feed the ducks at the lake afterward. This hike is for kids and adults (grown-up kids) willing to travel at a child's pace. A responsible adult must supervise each child. Bring water and snacks. **MEET** at Fishermen's Parking lot, 110 Bucher Hill Rd., Boiling Springs, PA.

Leader: Max Foster, assisted by Jim Foster, 717-649-5505, jimhfoster@yahoo.com

July 13
Wednesday
10:00 AM

P: Moderate
T: Easy
L: 3
0 hwy miles

Wildwood Park Loop Hike. **MEET** only at Olewine Nature Center parking lot. **Leader:** Susanne Donmoyer, 717-545-5308

July 16
Saturday
10:00 AM

P: Moderate
T: Strenuous
L: 8
0 hwy miles

Hawk Rock – Cove Mountain Loop Hike. We begin with a steep climb to Hawk Rock (not for the faint of heart) where we will be graced with a beautiful view of the Susquehanna River, then continue on the Appalachian Trail with a nice hike along the ridge of Cove Mountain. We'll take a side trail to a wildfire management road and walk 3.5 miles back to our vehicles. **MEET** at the recycling center in Duncannon (at the end of Watershed Drive). Alternately, **MEET** at Lowe's (4000 Union Deposit Road, Harrisburg) at 9:15 AM for carpooling to trailhead. Check on-line mapping tools for directions. **Leader:** Trisha Sanders, 717-580-7731, ilvprple31169@yahoo.com

July 16
Saturday
11:30 AM


P: Moderate
T: Water trail
L: 10
10 hwy miles

Conodoguinet Canoe/Kayak Trip. Easy paddle on tame creek. Trip starts at North Middlesex Road near Carlisle and ends at Willow Mill Park near Rt 114. Plenty of waterfowl viewing usually. Bring food and water. **MEET** at Marshall's at Rt 114, Mechanicsburg. Alternately, **MEET** at Willow Mill Park a few minutes later. **Leaders:** John & Pat Zinn, 717-697-0648, pzinn@comcast.net

July 17
Sunday
9:00 AM

P: Moderate
T: Rugged
L: 6-8
4 hwy miles

Rail Trail from Cornwall to Mt Gretna and Governor Dick Tower. Rail trail to Weather Station Road, Mt Gretna, then hike up to Governor Dick Tower, with spectacular 360 degree view, then down via Old Horseshoe Trail and back to Cornwall. **MEET** only at Sunoco Station, Quentin, PA at intersection of Routes PA-419 and PA-72. From PA turnpike, Exit # 266 (Lebanon/Lancaster), then Route 72 north to Quentin. **Leaders:** Tom Weaber, 717-272-2378, Joyce Kunkle 717-866-6856, kunklejd@comcast.net


<p><u>July 19</u> Tuesday 4:00 PM</p>		<p><u>Picnic Creekview Recreation Area NORTH - Hampden Township</u> For details see page 12</p>
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July 19
Tuesday
4:00 PM


P: Moderate
T: Paved
L: 2-3
0 hwy miles

Grandon Farms Walking Trail. This pre-picnic hike runs through a slice of relatively mature woods left standing between several neighborhoods along a tributary of the Conodoguinet Creek. Nature sightings are common, and with luck, we'll hear the wood thrush which nests here each year. Trail has a few minor hills. For an extra challenge, take a steeper, paved side trail through a hemlock forest, adding a half mile. Comfortable walking shoes/sneakers are good for this hike. **MEET** at Creekview Park North, Hampden Township. **Leader:** Lorrie Preston, 717-732-5615, mitandpak@aol.com

July 24
Sunday
9:00 AM



Trail Work Trip. Location to be determined. Bring lunch and plenty of water. Wear old clothes and boots. Tools and safety gear provided. For more info contact leader. **MEET** at Funck's Restaurant @ Indiantown Gap (exit 85, I-81). We will park at Memorial Lake State Park & carpool to the trail. **Leader:** Jeff Buehler, 717-657-8281, AThikerJB@aol.com

<u>August 6</u> Saturday 10:00 AM	P: Brisk T: Rugged L: 8.5 0 hwy miles	<u>Gifford Pinchot Lakeside Trail Loop Hike.</u> Loop around Gifford Pinchot Lake, no difficult climbs but trail is full of rocks, tree branches and overgrowth in some areas. May be muddy after significant rainfall. Will break halfway at the Quaker Day Use Area for lunch. MEET only at the Conewago Day Use Area off Alpine Road at Gifford Pinchot Park (Lewisberry, PA). Check on-line mapping tools for directions to park. Leader: Trisha Sanders, 717-580-7731, ilvprple31169@yahoo.com
<u>August 9</u> Tuesday 5:30 PM	P: Brisk T: Rugged L: 4 0 hwy miles	<u>Clark's Ferry Sunset Loop Hike.</u> 400 foot climb early in the hike, rock scrambles across ridge, and then a beautiful view of Clark's Ferry Bridge as the sun sets on the Susquehanna River. Bring a flashlight. MEET only at the parking area off US 22/322 exit PA-147. Rain will cancel hike. Call hike leader if unsure. Leader: Trisha Sanders, 717-580-7731, ilvprple31169@yahoo.com
<u>August 13</u> Saturday 7:30 PM	P: Brisk T: Easy L: 10.5 15 hwy miles	<u>Cumberland Valley Night Hike.</u> Experience the charm of the Appalachian Trail after dark! Hike by the light of the full moon across the Cumberland Valley through a scenic mix of woods and fields on the A.T. from Scott Farm to Boiling Springs. Bring a small flashlight, but moonlight is enough to see by in many places. MEET only in Boiling Springs at the Historical Iron Works parking lot on Bucher Hill Road. Leader: Rob Shaw, 717-350-5120, jake17011@yahoo.com
<u>August 14</u> Sunday 9:00 AM	P: Moderate T: Rugged L: 11.2 30 hwy miles	<u>A.T. from PA-501 to Hertlein Campsite.</u> An in and out hike to Hertlein Campsite to enjoy the turquoise blue waters of a lake nestled deep in the heart of Blue Mountain (swim optional). First section is along rock embedded trail, reaching the first overview and continuing along the crest of Blue Mountain, with some rock hopping, to a section of the old Appalachian Trail. Here we walk a sandy trail surrounded by lovely laurel and pines, finally dropping down to Hertlein, often called the little grand canyon of south central PA. Return to Route 501 by the same route, after an optional view of Shower's Steps. Bring sunblock and wear good boots. MEET only at the Hess Station, Lickdale, PA., Exit # 90 (PA-72) from Interstate 81. Leaders: Tom Weaver, 717-272-2378, Joyce Kunkle 717-866-6856, kunklejd@comcast.net
<u>August 17</u> Wednesday 10:00 AM	P: Moderate T: Easy L: 3 0 hwy miles	<u>Wildwood Park Loop Hike.</u> MEET only at Olewine Nature Center parking lot. Leader: Susanne Donmoyer, 717-545-5308
<u>August 21</u> Sunday 9:00 AM		<u>Trail Work Trip.</u> Location to be determined by leader. Bring lunch and water. Wear old clothes and boots. Tools and safety gear are provided. For more information contact leader. MEET at Funck's Restaurant (rear parking area) in Indiantown Gap (exit 85, I-81). We will drive to nearby Memorial Lake State Park and carpool to the trail. Leader: Jeff Buehler, 717-657-8281, AThikerJB@aol.com
<u>August 21</u> Sunday 11: 30 AM	P: Moderate T: Water trail L: 10 10 hwy miles	<u>Yellow Breeches Canoe/Kayak Trip.</u> Paddle on swift creek with a little whitewater. Trip starts at Messiah College and ends at Yellow Breeches Park (Sheepford Road). Bring food and water. MEET behind Sovereign Bank at Camp Hill Mall (do not meet group at Messiah College). Leaders: John & Pat Zinn, 717-697-0648, pzinn@comcast.net

August 21 P: Moderate **PA-850 Loop Hike via A.T. and Darlington Trail.** Loop hike on the
 Sunday T: Rugged Appalachian and Darlington trails. One moderate climb and some open
 1:00 PM L: 6 field hiking. **MEET** at Soldiers and Sailors Grove (entrance to State
 Library in Harrisburg). **Leader:** Susanne Donmoyer, 717-545-5308.
 20 hwy miles

August 28 P: Moderate **A.T. from PA-34 to Boiling Springs.** A good workout on the
 Sunday T: Strenuous Appalachian Trail. Rugged trail with six summits. Sturdy footwear
 9:00 AM L: 11 needed. **MEET** only in Boiling Springs, in the parking area between
 the lake and Yellow Breeches Creek, near the old furnace stack.
 16 hwy miles **Leader:** Frank Bohn, 717-234-5169.

Hike Description Codes

P-T-L Codes (Pace, Terrain and Length/Mileage)

Pace Codes

Leisurely Nature or historical walk; frequent stops for observation
Moderate Steady, 1 to 2 miles per hour (mph)
Brisk Steady, 2 to 3 mph
Fast 3 to 4 mph; very short breaks; a workout

Terrain Codes

Paved Solid pavement/sidewalk
Easy Soft ground / sand / carriage trails; nearly level; few rocks / roots / obstructions
Rugged Some rocks / roots / obstructions / unbridged stream crossings possible; climbs and descents
 totaling up to 1000 feet possible
Strenuous Steep hills, rocks / roots / obstructions / unbridged stream crossing likely; frequent climbs and
 descents totaling more than 1,000 feet
Extremely Difficult - Usually more than 12 miles; some or all of these features possible or likely: rocks / roots /
 obstructions / unbridged stream crossings; non technical rock climbing / scrambling; bushwhacking; climbs and
 descents totaling well over 1,000 feet

Length/Mileage Estimated by hike/event leader

GENERAL HIKE INFORMATION



1. TRANSPORTATION The hike leader may determine the amount required to reimburse drivers for rides between the meeting places and trail head. If you ride with someone, please reimburse the driver the amount specified. General Rule: Please give the driver *10 cents* times the highway mileage.

2. REGISTRATION All hikers must register (sign in) with the hike leader at the meeting place or at the trailhead before starting any scheduled hike. Some hikes require advance registration with the hike leader. Please check the schedule for this request.

**3. PACK IN, PACK OUT
 (LEAVE NOTHING BEHIND)**



4. SMOKING GUIDELINES
 SATC prefers that hikers refrain from the use of tobacco products during Club activities. Smokers are individually responsible for damage to the forests.

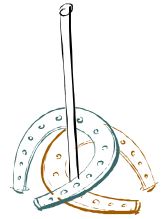


New Directors Installation – Hawk Rock March 27th
 < Top: Laura Sheely & Rob Shaw
 Bottom: Karen Balaban, Rick Stahl, Gail Brossman



SATC Picnic and Membership Meeting

Tuesday, July 19, 2011 – 4:00 to 9:00 p.m.



Creekview Park North

4650 Creekview Road, Mechanicsburg (Hampden Twp.)

Please join us for **SATC's** annual Picnic and summer Membership Meeting.

SATC will provide barbeque, beverages and snacks

Please bring a covered dish or you may donate \$5 towards **SATC's** costs

RSVP by Friday, July 15th Email **Trisha Sanders** at ilvprple31169@yahoo.com

- There will be horseshoes and volleyball activities. There is also a playground located right next to the pavilion.
- Kick off the evening by joining us for a fun hike on the nearby Grandon Farms Walking Trail before the picnic. (See details in hike schedule.) Meet at the Creekview North picnic pavilion at 4:00pm. Sneakers/walking shoes are appropriate for this hike on a paved trail. Hike will conclude by 5:30 in time to join the others for the picnic festivities.

AGENDA:

4:00pm Beverages and snacks for early arrivals at the pavilion.

4:10pm Grandon Farms Walking Trail with Lorrie Preston

6:15pm Dinner

7:00pm Club announcements

7:15 to 9pm – Social Time

DIRECTIONS

FROM HARRISBURG AND POINTS NORTH:

Option #1 - I-81 South to Exit 59 (581 East / US-11 Camp Hill/Gettysburg). This is a left lane exit. Go approx. 1/2 mile to the Creekview Road Exit. Make a left at stop sign at the end of the ramp. You are now on Creekview Road. Go 1 mile to the traffic signal, continue straight. Go past Creekview South which is 3/10 of a mile on the right. **Creekview North is 4/10 of a mile on the left.**

Option #2 – I-83 South to 581 West to the Creekview Road Exit. Make a right at the stop sign at the end of the ramp. You are now on Creekview Road. Go approx. 1 mile to the traffic signal, continue straight. Go past Creekview South which is 3/10 of a mile on the right. **Creekview North is 4/10 of a mile on the left.**

FROM YORK AREA:

I-83 North to the Camp Hill/Harrisburg Split. Stay in the left lane towards Camp Hill / 581 West. Continue on 581 West. Take the Creekview Road Exit. Make a right at the stop sign at the end of the ramp. You are now on Creekview Road. Go approx. 1 mile to the traffic signal, continue straight. Go past Creekview South which is 3/10 of a mile on the right. **Creekview North is 4/10 of a mile on the left.**

FROM CARLISLE AREA:

I-81 North to Exit 59 (E-581/Rt. 11 Camp Hill/Gettysburg). Go approx. 1/2 mile to the Creekview Road Exit. Make a left at stop sign at the end of the ramp. You are now on Creekview Road. Go 1 mile to the traffic signal, continue straight. Go past Creekview South which is 3/10 of a mile on the right. **Creekview North is 4/10 of a mile on the left.**



A.T. Museum Hall of Fame Banquet

We're encouraging all friends of the Appalachian Trail to purchase their tickets to the Appalachian Trail Hall of Fame Banquet **soon**. Ticket sales have been brisk, but some are still available.

The Banquet will be held on **Friday evening, June 17** at the famous **Allenberry Resort Inn & Playhouse**, just steps away from the AT in Boiling Springs, PA. The festivities begin at 6 pm with a cash bar and silent auction of many trail-related items donated by friends of the Museum. Highlights of the Silent Auction include: a two night stay at the Paymasters Cabin near the Museum in Pine Grove Furnace State Park; seven packages at nearby Hotels and Bed & Breakfasts, including Allenberry; hand carved hiking sticks and Christmas ornaments; and Earl Shaffer's book "Calling Me Back To The Hills, signed by the late author. We're expecting to add several more items as we get closer to June 17. During the Silent Auction, musical entertainment will be provided by The New South Mountain Ramblers.

The banquet will begin at 7 p.m. Cumberland County Commissioner Rick Rovegno, a hiker and friend of the Museum, will serve as Master of Ceremonies, and entertainment will be provided by Pennsylvania Jack, a renowned storyteller. The keynote of the evening will be the announcement of the Charter Class of the Appalachian Trail Hall of Fame.

A reception with a cash bar will precede the Banquet, beginning at 6 p.m. During the reception we will hold a silent auction.

We are offering a limited number of banquet tickets to members of the Appalachian Trail Museum at the discounted price of \$30 per person. Museum members may purchase up to 4 tickets at this discounted price. On March 1, we will officially announce the Banquet. At that time, tickets will be offered to the public at the regular price of \$40 per person. Seating is limited.

To purchase discounted tickets, you may EITHER

- Follow this link to the special eventbrite ticketing site we have established:

<http://athalloffame.eventbrite.com/>

OR

- Mail your ticket request and payment check to this address:

Appalachian Trail Museum
Hall of Fame Tickets
1120 Pine Grove Road
Gardners, PA 17324

We have established a special email address for questions concerning the Appalachian Trail Hall of Fame Banquet: atmbanquet@gmail.com

Allenberry has reserved a block of rooms for Banquet attendees. For more information on Allenberry and to reserve a room, call 1-800-430-5468 or (717) 258-3211, or go to <http://www.allenberry.com/>

A.T. Museum Festival June 17-19

3 hike leaders are needed for the 2011 Hike for History at the A.T. Museum Festival on Saturday June 18th. These will be short hikes in the Pine Grove Furnace SP area. If interested, please contact Larry Luxenberg 845-708-5306, luxenberg@lexingtonave.com

2011 A.T. Ridgerunner

Jessica LaFortune has accepted an offer to be the Cumberland Valley Ridgerunner in 2011. Jessica is from nearby Mount Airy, Maryland. She thru-hiked the Appalachian Trail in 2010. In 2009, she summited Mt. Kilimanjaro in Tanzania. Currently, she's residing in Texas and volunteering in her free time at the Padre Island National Seashore, assisting in beach cleanup and with the National Seashore's



sea turtle science and recovery program.

She'll be working the full season, reporting to Boiling Springs

around May 17 and finishing up Labor Day.

MARK YOUR CALENDAR!

Thursday, October 27th
SATC fall membership meeting

CVATC President and SATC Member, Jim Foster, will present "Climbing Kilimanjaro," about his recent trip to the summit of the highest freestanding peak in the world.

SEPTEMBER 11TH NATIONAL MEMORIAL TRAIL™

Be a part of History - Join us in building a new national trail.

As America approaches the 10th anniversary of September 11, 2001, when the United States and the world were shocked by an act of terrorism on American soil beyond imagination, our citizens throughout the country have an opportunity to be part of a national trail to be called the **September 11th National Memorial Trail**, being built as a tribute to all those who perished in America's single worst terrorist attack. The establishment of a hiking, biking and driving trail will provide a physical linkage connecting the three memorials commemorating the tragic events that occurred at the Flight 93 National Memorial, the World Trade Center, and the Pentagon.

Your help is needed to identify the best routes for the trail through Pennsylvania. With support from the Pennsylvania Department of Conservation and Natural Resources, the National Park Service's Rivers, Trails & Conservation Assistance Program, and trail and outdoors organizations a Central-PA public planning meeting/ open house will be held on **May 25th from 2pm to 5pm at the Rachel Carson State Office Building, Room 105, 400 Market St, Harrisburg.**

Localities along the planned route will be vital hubs with the trail serving as an important recreational and transportation venue for promoting tourism, economic development, healthy bodies and minds, and cultural and educational opportunities for generations to come. The goal is to have the route established with a number of segments open for use in time for the tenth anniversary of the September 11th 2001 attacks. Two of the three legs of the connecting trail are already in place.



The first leg of the trail begins at the

Pentagon Memorial extending north along the 184-mile Chesapeake & Ohio National Historical Park (www.nps.gov/CHOH/index.htm) which follows the Potomac River in Washington, D.C. to Cumberland, MD; then connecting to the 150-mile Great Allegheny Passage (www.atatrail.org) where it would proceed east for approximately 24 miles from the Great Allegheny Passage near Rockwood or Garrett to the Flight 93 National Memorial in Somerset County.

The second leg extends east from the Flight 93 National Memorial to New York City's National September 11 Memorial. This 441-mile segment would follow existing or new trails to be built; especially taking advantage of Pennsylvania's many rails-to-trails from Shanksville to the New Jersey line, where it would continue to New York City.

One of the potential New Jersey routes from Pennsylvania to New York City could be the Liberty Water Gap Trail. This 130-mile system of trails links six trails from the Delaware Water Gap to the East Coast Greenway and the Hudson River Waterfront Walk. For a sample map showing various routes through Pennsylvania, respond to Coalition-Secretary@comcast.net and ask for "PA Routes Map".

The 337-mile third leg from New York City's National September 11 Memorial to the Pentagon Memorial would follow the East Coast Greenway; a greenway being developed for non-motorized multi-use. Under the direction of the East Coast Greenway Alliance (www.greenway.org) and called the "urban equivalent of the Appalachian Trail", this 3,600 mile planned greenway extends from Maine to Key West, Florida. Significant success has been made on the development of the East Coast Greenway route from New York City through New Jersey, Pennsylvania, Delaware, and Maryland to the Pentagon in Virginia. Currently approximately 22 percent of the route is off-road.

As the September 11th National Memorial Trail approaches Philadelphia along the East Coast Greenway it would connect with The Garden of Reflection; "the Official Pennsylvania Memorial to the Victims of the September 11, 2001 terrorists." The trail would then continue on the East Coast Greenway through Delaware, Maryland and the District of Columbia across the Memorial Bridge and Virginia's Mount Vernon Trail to the Pentagon.

For further information please contact:
David Brickley, President and CEO
September 11th National Memorial Trail Alliance
911Trail@comcast.net
(O) 703-590-3569
www.911MemorialTrail.org

Sunday, June 5th, 2011, 10 am



A recreational trail and so much more. This 20+ mile necklace that rings Pennsylvania's capital city, is designed to provide its visitors an opportunity to hike, ride bicycles, skate, jog, walk their dog, practice up on flora and fauna identification and generally appreciate nature. The trail has some of the most beautiful and enjoyable natural surroundings that the area has to offer. Registration is only \$15. More details available at <http://caga.org/tourdebelt2011>.

SATC's 2011 HAMster's the night
before the 41-mile event – notice the
BIG smiles!

Top >
Jennifer Hollinger
Rob Shaw
Sally Brossman
Sharon Shellenberger
Jeff Willard
Tom Scully

Bottom >
Paul Wummer
Karen Balaban
Rick Goodman (radio communications)
Gary Labelle



May 6th Ribbon-cutting and
Re-dedication of the
Ironmaster's Mansion,
Pine Grove Furnace SP

SATC HOLIDAY PARTY SURVEY

We need your input!

Besides sharing a delicious meal together, what do you, our members, prefer for activities at our annual holiday party?

*Please consider the following options, then **please** take just a couple of minutes to e-mail Lorrie Preston, at mitandpak@aol.com, as soon as possible with your top three preferences and any other ideas or suggestions that you may have.*

We will tally the results and perhaps try something new this year.

- 1) Don't change anything. I like it just the way we've been doing it.
- 2) Members share stories, or digital photos via power point, of noteworthy hikes & outdoor experiences.
- 3) Talent show. (Members must be willing to share their special talents)
- 4) Sing holiday songs as a group.
- 5) Entertaining or educational program. (i.e.: A couple that has backpacked across America) We may need to charge a nominal fee to cover speaker costs. < \$5.00 each
- 6) Member hiking gear swap and sale. Find a gift for someone on your list and/or clean out your closet!
- 7) Contra dance. A popular activity at Appalachian Long Distance Hiker Gatherings, Contra dancing is a combination of square dancing and line dancing to bluegrass type music. There is usually a fiddle in the band and someone that calls the instructions and walks dancers through the steps. It is lots of fun, burns lots of calories, & gets everyone involved. Partners are not necessary. We would have to change venue locations so we have space, and there would be a cost associated with this to pay for the musicians and venue.

Also, indicate your preference for location.

Do you like the West Shore Senior Center, or are you ready for a change?

How to Report a Trail Problem

What kind of things should I report? Please report unexpected logging, crashed trees ("blowdowns"), bad blazes, damage from water run-off, vandalism, and ATV tracks. **When in doubt, report it** – including strange conduct by persons on the trail or in the parking areas. Write down the license plate, type & color of vehicle, person's description – clothing, hair color, height, etc.

How do I report a problem? If it is on an SATC-maintained trail, please contact SATC Trailmaster Jeff Buehler at 717 657-8281, AthikerJB@aol.com. [You can also go to the "Contact SATC" link on the SATC web site]. If you are uncertain who is responsible for a specific trail, visit the Keystone Trails Association web site <http://www.kta-hike.org/> and click "**Report a Problem**" found on the left column.

SATC's Facebook page is the cyber-space place to visit each day. Always something new such as photos and information on the hiking community. "Like" SATC and be part of the 185+ "friends". Don't miss it – sign up now! <http://www.facebook.com/pages/Susquehanna-Appalachian-Trail-Club/139038926155348>

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