



# BUSHWACK BULLETIN

The BUSHWACK BULLETIN is published quarterly in the months of February, May, August and November by the Susquehanna Appalachian Trail Club, Inc. (SATC) P.O. Box 61001, Harrisburg, PA 17106-1001.

*A Hiking Publication For The Harrisburg Area*

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Our Objectives: **Group Hiking + Trail Maintenance + Outdoor Recreation**

**Next *Bushwack Bulletin* Deadline for Submissions: February 5, 2010**  
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### Officers

*President*  
Karen Balaban

*Vice President*  
Bob Doren

*Secretary*  
John Stein

*Treasurer*  
Rick Sis

*Immediate Past-President*  
Barbara Harvey

*Directors - Class of 2010*  
Gail Brossman  
Jennifer Hollinger  
Rob Shaw

*Directors - Class of 2011*  
Janeen Christ  
John O’Day  
Tara Shade

**REMINDER** – The current **SATC** membership year ends March 31<sup>st</sup>. Dues for 2010-11 may be paid at anytime prior to that date.

November 2009

**Greetings fellow hikers,**

**SATC** had a very busy Fall season – the PA A.T. Series, visiting the Smithsonian in Washington, D.C. to view the Earl Shaffer Document Exhibit, assisting KTA with the Susquehanna Super-Hike, running the Hike for Habitat as well as the twice a month trail work trips are among the many opportunities presented by your hiking club. (Please see page 7 to see how easy it is to help)

Your **SATC** Officers, Directors, and Committee Chairs are integral to the operation and administration of your hiking club. There are two persons who consistently stand out: **Rob Shaw** and **Rick Sis**. **Rob**, a Director, serves as chair of the Finance Committee whose investment recommendations have preserved **SATC**'s principle while earning very modest interest. He has presented a budget that keeps the reigns tightened and the membership dues unchanged. **Rob** has been **SATC**'s "utility" player, i.e. one who can play several positions competently, a sort of jack of all trades. His tireless efforts extend to proof-reading the newsletter & hike schedule, comparing costs, obtaining printing bids, leading hikes, marketing **SATC** through social networking websites, and so much more. **Rob** continuously "steps up to the plate". Silently performing behind the scenes is **Rick Sis**. It would be a toss-up between the number of duties performed by **Rick** as treasurer and the president's obligations. **Rick** is very dependable. A true work-horse, he routinely makes weekly trips to the post office and the bank. He has even assumed responsibilities of other officers and directors without complaint. When I was simultaneously nursing a broken left hand and a mangled right forearm, **Rick** didn't ask HOW he could help; he simply said that he would be at my office right after work TO DO whatever was needed to complete the **SATC** newsletter. Please let **Rob** and **Rick** know how much you appreciate their dedication to **SATC** the next time you see them.

As promised, the bylaws are being amended. The few changes of substance are published in this issue. The primary purpose of the amendments is to present a more logical chronology of the subject matter so a provision can be easily located. They are now consistent with **SATC** practices. (Please see pages 14-16).

**SATC** is one of 30 Appalachian Trail maintaining clubs. We are affiliated with the Appalachian Trail Conservancy (ATC). Our closest contact with ATC is through the Mid-Atlantic Regional Office (MARO) in Boiling Springs. MARO recently hosted an outstanding Appalachian Trail Community Forum which, in case you were unable attend, was widely covered in both the Carlisle and Harrisburg newspapers. Jeff Buehler and I are currently working with Michelle Miller from ATC-MARO to complete the assessment of the 20 miles of the A.T. maintained by **SATC**. This happens once every 5 years. Our collaborative efforts resulted in completing the intensive, fact-finding hike-through in just 3 days spread over a few weeks.

**SATC** belongs to all of its members. The Board is focused on making it the best hiking club. We welcome your comments and suggestions. As an all-volunteer organization and with a limited budget, we may not be able to address them all, but don't let that stop you. **SATC** has some very creative minds and the incredible energy of outstanding volunteers. Thank you for contributing to that good fortune.

As we approach the waning days of 2009, please allow me this opportunity to wish you and your family a HAPPY THANKSGIVING, the Best of the HOLIDAY SEASON, and a healthy NEW YEAR!

Happy Holidays,

*Karen*

[KMBalaban@BalabanLLC.com](mailto:KMBalaban@BalabanLLC.com)

**WANTED** *Bushwack Bulletin* Editor



Are you self-sufficient, creative, and organized? Do you want to keep the **SATC** newsletter interesting or give it a fresh look? To learn more about the editor's duties please contact Karen Balaban 717.232.3708 [KMBalaban@BalabanLLC.com](mailto:KMBalaban@BalabanLLC.com). Applications due by January 1<sup>st</sup>.

**Special Financial Contributions**

August 2009 to Date: Henry Darlington, James Morris

**Hike for Habitat Trail Crew:** Paul Wummer, Gail Guers, Gary LaBelle, Tom Scully, Kelly Cain, Dick Martin, Sharon Shellenberger, Karen Balaban



**Web Master:** Rick Goodman

**Volunteers:** Bob Doren, Sharon Shellenberger, Loretta Cairo, Kelly Cain, Micki Williams, Gail Guers, Karen Balaban, Dick Martin, Thyra Sperry, Barbara Van Horn, Rick Goodman, Sandy Goodman, Jim Stickney, Keystone VHS Club

**KTA Super-Hike Volunteers:** Katie, Kelly, & Hannah Barker, Barbara Van Horn, Sharon Shellenberger, Thyra Sperry, Dick Martin, Karen Balaban, Rick Goodman, Sandy Goodman

**Peters Mountain Parking Lot Steward:** Marty Gruver

**Hike Leaders (September, October & November)** Joyce Kunkle, Tom Weaber, Nettie Parsons, Sharon Shellenberger, John and Pat Zinn, Richard Sis, Peter Fleszar, Ray Recchia, Susanne Donmoyer, John O'Day, Craig Barnhart, Nancy Stawitz, Karen Balaban, Jim Foster, Sam and Barb Harvey, Tara Shade, Steve Shawver, Margaret Fuoco, Frank Bohn

**Trail Work Crew (August, September & October)** Tim Bachmann, Jeff Buehler, Robert Doren, Tom Greishaw, Jennifer Hollinger, William Holly and daughter Anne Holly, Fred Kling, Joyce Kunkle, Gary LaBelle, Perry Ligon, Howard Morrison (ATC Ridgerunner), Tom Scully, Park Trullinger, Jeff Willard, Lisa Williamson

**EMS Club Day:** Janeen Christ, Gary LaBelle

**ALDHA Gathering Hike Leader:** Rick Sis

**Hike for Habitat Hikers (27 miles):** Jennifer Hollinger, Jeff Willard, Gary LaBelle, Tara Shade, Tom Scully, Farzaneh Asgari, Bill Slabonik, Rob Shaw, Paul Wummer



**KTA Susquehanna Super-Hikers (25 miles):** Jennifer Hollinger, Jeff Willard, Gary LaBelle, Tara Shade, Paul Wummer

**New Members**



Brad Barrows (*Harrisburg*)  
Becca Brown (*Shermans Dale*)  
Joseph Castanos (*New Cumberland*)  
William Chaisson (*Dauphin*)  
Karen Fazio (*Harrisburg*)  
Ann & William Holly (*York*)

William McQuade (*New Cumberland*)  
Jim Morris (*Grantham*)  
Gail Riegler (*Harrisburg*)  
Kathy Turski (*Elizabethtown*)  
Sharon Westergom (*Mechanicsburg*)  
Henry Wiggins (*Lake Ridge*)  
Mary & Timothy Ziegler (*Harrisburg*)

**SATC Trailmaster Report** by Jeff Buehler

**Summer/Fall Work Trips** In August, the SATC Trail Crew worked with volunteers from the Horse-Shoe Trail Club to start rehab work on a section of the Horse-Shoe Trail (H-ST) in State Game Lands #211, Dauphin County. SATC has volunteered to maintain the westernmost mile of the H-ST where it follows an old road up Stony Mountain to the junction with the Appalachian Trail on top. This junction is the western terminus of the H-ST.

The old road had become eroded and gullied. We worked with the H-STC volunteers building some rock waterbars to help stabilize the trail and we also cleared and re-blazed this section of the trail. An additional joint work trip with the H-STC will be scheduled to continue this work as time permits. We had a very productive day with our fellow trail maintainers. We also met a hiker (Ben Ahlswede) who was hiking various trails, including the entire H-ST and a portion of the AT, to hike from his home in Philadelphia to college at Shippensburg University.

On another summer work trip in July we had to repair a small hole in the roof of our Peters Mountain Shelter caused by a branch falling on it. A large amount of moss that had built up on the north side of the asphalt-shingled roof was removed. Many thanks to Perry Ligon and Janice Ellis for helping to brush off the moss high up on the roof and to their sons Nathan Ligon and Cody Ellis for carrying tools and a ladder 3 miles into the shelter!

During the September through November work trips, we continued rehab work on the Cold Spring Trail, also in SGL #211. The one-mile long side trail that leads up the south slope of Sharp Mountain from Stony Valley to the Appalachian Trail on top of the mountain has also seen its share of serious erosion too. This trail is an important access trail for us to use to get to this rather remote section of the AT in what is known as Saint Anthony's Wilderness.

The Cold Spring Trail also follows an old road up the mountain, which had become deeply gullied in places. Trail rehabilitation work is similar to what we have been doing on eroded stretches of the AT – building waterbars, check dams, steps, and turnpike where necessary. We hope to re-blaze the trail and put up new trail signs with game commission approval once the trail work is finished, possibly next spring.

### **Trail Maintainers/Trail Crew Volunteers**



I would like to personally thank all of our assigned trail maintainers for your dedicated work on your trail sections this past year. **SATC** has individual maintainers for our 20-mile

section of the AT and side trails, and the 7.5-mile long Darlington Trail that we built and maintain. We also have a shelter manager and a parking lot steward for Peters Mountain. These volunteers perform vital maintenance functions year-round to keep the trails clear of vegetation, fallen branches and debris, and remedy drainage problems. They clean up and carry out trash, remove inappropriate fire rings, help with the removal of invasive plant species, and make timely reports of trail conditions. A few of our maintainers have also volunteered to maintain the NPS boundaries that surround their trail sections. Thanks for a job well done!

Trail Work Crew participants on work trips also deserve a big thank you for all the hard work they do building and reconstructing our trails. Many come out regularly to toil in sometimes wet and muddy conditions to help rehab eroded trails or build new trail sections. The work they perform will benefit trail users for many years to come.

### **SATC Hiking Committee** by Jennifer Hollinger, Chair

Wow, what a busy time of the year. Fall with all its vibrant colors just beckoned for us to spend some time outdoors enjoying what little time we have left before winter sets in. **SATC** has had some great hikes throughout the fall thanks to the willingness of our hike leaders. Most weekends gave us all the opportunity to get out and enjoy the great outdoors. I have met some wonderful new hikers and at the same time continue to enjoy hiking with those with whom I have hiked with for many miles.



**CONGRATULATIONS** to **Laura Rhoads** and **Tom Wright** for completing the A.T. in PA. We had a great day hiking with Laura and Tom as they hiked 16 miles through St. Anthony's Wilderness to finish their last A.T. miles in PA.

**Rick Stahl** persevered and in the month of October completed the AT in PA, as well as **Bob Fromm** and **Joe Wychock** who had teamed up this past year and completed the AT in PA also. **CONGRATULATIONS TO YOU ALL!**

I eagerly look to the New Year and ask that you all **SAVE THE DATE** of **Saturday March 20<sup>th</sup>** for an all day workshop from 9:30-4:00pm on **Safe Hiking**. All hike leaders are strongly encouraged to come and participate in this event but, it is not just for hike leaders. This all day event is for anyone who wants to go out hiking and do it safely. It will be held at Nettie Parsons' cabin on RT. 225. More detail will be in the next *Bushwack Bulletin*. The event is free for all **SATC/CVATC** members. We had a great time last year and this coming year should prove to be just as informative and helpful.

Winter is a GREAT season to get out and hike. Don't let that cold weather keep you from getting out there and hiking. I have had some wonderful winter time adventures while out hiking and appreciate how different the mountains look on a cold winter day. So get out there and HIKE.

**Nominate A Hike Leader For 2009** You have been out there hiking, trekking miles, short and long, over mountains and through the valleys and have really enjoyed the person leading your hike. Tell us in 100 words or less why you have appreciated the person leading your hike. Why have you enjoyed hiking with this person? What makes them stand out as a hike leader? We want to hear from you, our hikers. Send your nomination to, [jihol57@aol.com](mailto:jihol57@aol.com) or mail to, **SATC**, c/o Jennifer Hollinger, P.O. Box 61001, Harrisburg, PA 17106-1001

**We would like to honor and acknowledge that hike leader at our SATC Banquet in 2010.**

**Tally Up Your Miles** The end of 2009 is fast approaching and we are asking that all **SATC** hikers take some time to tally up their **SATC** hike miles and report them by Jan. 31, 2010. We are really interested in seeing who took us up on our challenge to hike the most **SATC** miles in 2009. Take some time to go back over your hikes for 2009 and tally up your miles! **SATC hike challenge ends December 31<sup>st</sup>**

**Hiking Tales** Do you have any rather interesting, fun or rewarding hiking story to share? We would love to hear about your hiking adventures too. Try to keep it brief. Please send your hiking miles and stories to [jjhol57@aol.com](mailto:jjhol57@aol.com) or mail them to **SATC**,

c/o Jennifer Hollinger, P.O. Box 61001, Harrisburg, PA 17106-1001

**SAVE THE DATE? SATURDAY MARCH 20<sup>th</sup>**

All-day training on Safe Hiking for all hikers.  
 9:30 – 11:30 Large group activity  
 11:30 - 12:30 Lunch  
 12:30 – 1:00 Leading a hike  
 1:00 - 4:00 First aid scenarios and practice

Bring a daypack and first aid kit. Join us for this informative and hands on training for all hikers and hike leaders.

**One Day Hike – 62 Miles – Sponsored by the Sierra Club  
 April 24<sup>th</sup> 2010**

Registration opens in January for anyone interested in walking this challenging and fully supported hike on the C&O Canal from Georgetown, DC to Harpers Ferry WV. For further information and to register check out their web page at [OneDayHike.org](http://OneDayHike.org) or contact Jennifer Hollinger at [jjhol57@aol.com](mailto:jjhol57@aol.com)

**2010 Calendar of Events**

January

5	Board of Directors meeting	6:30 p.m.	Giant Community Center
21	Quarterly membership meeting	6:30 p.m.	Giant Community Center

(Note: this is the 3<sup>rd</sup> Thursday in the month)

March

26	Annual Meeting & Banquet	6:15 p.m.	Appalachian Brewing Company (Harrisburg)
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April

6	Board of Directors meeting	6:30 p.m.	Giant Community Center
22	Quarterly membership meeting	6:30 p.m.	Giant Community Center



**Hiking Week**

May 29<sup>th</sup> to June 6<sup>th</sup>

June

5	National Trails Day A.T. Museum Dedication	11:00 a.m.	Pine Grove Furnace State Park
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July

6	Board of Directors meeting	6:30 p.m.	Giant Community Center
	?? Picnic	4:00 p.m.	East Shore location (TBD)



October

5	Board of Directors meeting	6:30 p.m.	Giant Community Center
21 or 28	Quarterly membership meeting	6:30 p.m.	Location (TBD)

**DCNR Launches New Web Site**

**Check it out!** Really cool Pennsylvania Trail Information at [www.ExplorePAtrails.com](http://www.ExplorePAtrails.com)

### **Nominating Committee Seeks to Fill Leadership Positions**

**SATC's** nominating committee must nominate seven members for positions on the club's Board of Directors for two-year terms beginning April 1, 2010. In order to choose the best person for each job and to identify potential nominees for future boards, the committee is seeking **SATC** members who are willing to serve as President, Vice-President, Officers, or Directors. We'd also like to take this opportunity to identify those who may be

interested in serving on various **SATC** committees. If you are interested, please complete an information sheet detailing your interest and returning it to the committee by December 31<sup>st</sup>. You may request a form by contacting Janeen Christ at [janemjoto@comcast.net](mailto:janemjoto@comcast.net) 717-576-8100. For more information, please contact any member of the **SATC** Nominating Committee: Janeen Christ, chair, Barb Harvey, and Mike Barlup.

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### **SATC Members Invited to December 10<sup>th</sup> Audubon Program on the Appalachian Trail**

**SATC** member Lorrie Preston will present a program entitled "The Appalachian Trail - A Footpath for Those Who Seek Fellowship with the Wilderness" on Thursday, December 10<sup>th</sup> at the monthly meeting of the Appalachian Audubon Society. **SATC** members and the general public are welcome to attend this free program at Christ Presbyterian Church, 521 Deerfield Road, Camp Hill. Lorrie will share images of the beautiful trailside flora and fauna, including wildflowers through the seasons and various birds seen or heard along the

trail, as well as some of the spectacular views and trail highlights. Lorrie has been section-hiking and photographing the A.T. since March 2006 when she joined **SATC** members for the *Hike Across PA*. The program will include images taken from Connecticut to southern Virginia, as well as the White Mountains of New Hampshire which she hiked this past summer with her husband, Bob, and a few other **SATC** friends. Trail maps and information will be on display during the social time beginning at 7:00 p.m., with the program following at 7:30 pm. For further info, please call 732-5615.

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### **Save the Date**

ATC/ATPO (Appalachian Trail Park Office) will hold a Youth Leadership Summit June 28-July 2, 2010 in New Hampshire. More information later.

### **White Rocks Project**

Congress recently approved \$1.82 million for about half the cost of the National Park Service (NPS) purchase of five tracts totaling about 1,000 acres around the White Rocks area in south-central Pennsylvania, where unbroken forest is threatened with plans for 274 residential lots on 277 of those acres. Matching state funds are being sought, with help with such pre-acquisition expenses as surveys already having come from the Conservation Alliance and a number of ATC-affiliated trail clubs.

To keep up to date with the White Rocks Project visit the blog at <http://www.whiterocksproject.blogspot.com/>

### **A.T. Volunteer Database**

The goal of the database is to provide one Trail-wide source of A.T. volunteer opportunities – an easy way for volunteers to connect directly with clubs. Now, wherever potential volunteers are, this link - [www.appalachiantrail.org/volunteerNOW](http://www.appalachiantrail.org/volunteerNOW) - will get them to the home page of the database. From there, they can search for a volunteer opportunity or find a club contact with only one click.

### **A.T. Long Distance Calculator**

This program calculates the approximate walking distance in miles between 2 points along the Appalachian Trail. Go to the web site at <http://www.atdist.com/> and simply choose a selection from each of the list boxes, then click on the submit button. These distances are based on the Appalachian Trail Data Book for 2009, a publication of the [Appalachian Trail Conservancy](http://www.appalachiantrail.org/), all rights reserved.

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**Allenberry Resort Inn in Boiling Springs is offering special rates for A.T. Hikers.** A room is \$25/person, double occupancy max; Breakfast Buffet \$3/person Continental, \$6/person Full; Lunch Buffet: \$10/person; Dinner Buffet: \$15/person; Use of Washer and Dryer: \$4; Free WIFI. 717.248.3211



**All of us are VERY BUSY people.** Work often consumes us; family and friends occupy the balance of our time. Have you thought about volunteering with SATC, but did not want to get in over your head with one more time-demanding commitment? Well, if you are serious about helping SATC make a difference in the Trail Community, I have a New Years Resolution you will be able to keep. Please check out these 1 to 3 hour opportunities.

**One hour or less** (does not include travel time where applicable):

- Victoria Trail Parking Lot Steward – pick up & remove litter, check for graffiti, damage, and other aesthetic or safety issues – 2x a month year-round.
- Select and re-size photos for inclusion in the *Bushwack Bulletin* – 1x each calendar quarter.
- Compile clip art for the *Bushwack Bulletin* and create electronic file of the collection – one-time only
- Make a presentation at an SATC membership meeting – one-time only
- Update and confirm e-mail addresses for recipients of electronic file version of the *Bushwack Bulletin* – 1x each quarter

**5 minutes or less:** Contact Karen Balaban 717.232.3708 [KMBalaban@BalabanLLC.com](mailto:KMBalaban@BalabanLLC.com) (SATC President) or Jeff Buehler 717.657,8281 [AThikerJB@aol.com](mailto:AThikerJB@aol.com) to volunteer

### ***Susquehanna's Water Gaps a 'National Natural Landmark'***

An ancient river received a new plaque on September 9th when the “five gaps” area north of Harrisburg was recognized once again as a “National Natural Landmark.” In 1968, the National Park Service officially designated the five water gaps along the Susquehanna River from Liverpool south to Harrisburg a “National Natural Landmark.” The area was recognized for its unique geologic heritage and its outstanding natural beauty.

A plaque was installed at the time of the designation on the south side of Berry Mountain along Routes 11/15 to commemorate the occasion. A number of years ago the plaque was stolen, and this area's proud designation as a National Natural Landmark, largely forgotten.

The river is much older than the mountains, and the water gaps' formation still remains a bit of a

geological mystery. The water actually cuts through five mountain ridges to form the gaps. Those ridges from south to north are, Blue Mountain, Second Mountain, (known as Cove Mountain west of the river, Peter's Mountain, Berry Mountain, and Mahantango Mountain, (known as Buffalo Mountain west of the river).

Through the efforts of the Susquehanna Water Gaps Coalition, the National Park Service has been able to provide a replacement plaque. The ceremony's host, The Susquehanna Water Gaps Coalition was formed in January 2007 by individuals, organizations, and agencies that are committed to protecting the natural, scenic, and cultural resources of the Susquehanna Water Gap's ridges, valley lands, and river islands.

Read more at: <http://www.dcnr.state.pa.us/news/resource/res2009/09-0923-susquehannawatergaps.aspx>

### ***New Managers for Tuscarora State Forest***

DCNR's Bureau of Forestry has appointed Gene F. Odato as the new district forester for the Tuscarora State Forest to succeed Edward Bortzfield, (SATC life-member) who retired. Odato, a 1975 graduate of Pennsylvania State University with a bachelor's degree in forest science, will oversee forest-growth management, personnel coordination, infrastructure maintenance, and fire prevention and suppression.



Tuscarora State Forest District includes Perry County and portions of Cumberland, Franklin, Huntingdon, Juniata and Mifflin counties. Headquartered in Blain, Perry County, Tuscarora State Forest bears the name of its landmark mountain and the Native American tribe that took up residence in that area in the early 1700s. Comprised of state forest tracts totaling almost 92,000 acres, the Tuscarora district offers a variety of recreational and economic activities.

**SATC** will be leading 2 hikes in the Tuscarora State Forest this quarter.

## SATC Holiday Party

When/Where? **Saturday, December 5<sup>th</sup>**  
**West Shore Senior Citizen Center**  
**122 Geary Street**  
**New Cumberland, PA**

5:30 p.m. Social Gathering  
6:00 p.m. Dinner  
7:00 – 9:00 p.m. – The “Maybe-I-Should-Stick-to-Hiking” Talent Show

What (can I bring)? A **salad, covered dish, or dessert**. Drinks, Snacks, Roast Turkey, and Baked Ham will be provided by the club. (A \$5 donation towards expenses is welcome instead of a food item)

Who? Contact **Bob Doren** at 717-763-0667 or [cibob@aol.com](mailto:cibob@aol.com) to **RSVP** with number attending, plans for a food item or monetary donation, and informational or display items.



How can I participate in the talent show? A second chance at a light-hearted talent show will be the after-dinner entertainment. The theme will be short humorous presentations (skits, songs, sing-alongs, juggling acts, poetry, haikus, etc.) about hiking and the holidays. Submit your ideas ASAP to **Janeen Christ** at [janemjoto@comcast.net](mailto:janemjoto@comcast.net) or give her a jingle at 717-576-8100 to discuss ideas for consideration by the SATC Program Committee.

If you wish to help with the party decorations, please arrive at 4:45 p.m. If you have greens or holly that you are willing to share, or a vinyl holiday table cloth, please bring them.

Directions: I-83 South to Exit 40B New Cumberland. Turn left at light at end of ramp and stay on Simpson Ferry Road for .7 miles. Road bears to the right & becomes Brandt Avenue then Reno Street. Turn right onto Front Street then f<sup>t</sup> right onto Geary Avenue. Senior Citizens Center is on the left. Park and enter behind the building.



Free raffle prizes for those in attendance.

See what Santa has for our special trail maintainers.

Do your holiday shopping – trail maps and books will be available – save on shipping costs.



## Susquehanna Appalachian Trail Club

Next **Deadline** to Submit Hikes for the Bushwack Bulletin: **February 3, 2010**

E-Mail to Jennifer Hollinger at [jhol57@aol.com](mailto:jhol57@aol.com)

Download a Hike-Scheduling Form at <http://www.satc-hike.org/hikeldr.html>

### Hiking and Activities Schedule

Please **Call** Hike Leader in Inclement Weather or if You Desire to Meet at an Alternate Site

Always **Bring** Water and Snacks or Lunch. **Wear** Boots unless Otherwise Noted

**See** Page 13 for General Hike Information and Code Explanations

Please **Check** our Website for Updates (Changes, Additions, Deletions) to this Schedule

**The fall and winter hiking season coincides with hunting season. All hunters must wear orange and SO SHOULD YOU!!**

***Orange is required by law to be worn in State Game Lands from November 15 – December 16***

**Key PA 2009-2010 Hunting Seasons:**

**Turkey – Oct.31- Nov 21, (Spring) May 1-31**

**Small Game- Oct.10 – Nov.28, Dec.14 – 23, Dec. 26 – Feb.6**

**Bear – Nov.18-19, Nov. 23-25, Nov. 30 – Dec.5**

**Deer (Archery) – Sept.19 – Nov 28, Dec. 14-23**

**Deer (SE-PA) Firearm – Dec. 14-23, Dec. 26 – Jan. 23**

**Deer (Regular Firearm – State Wide) Nov. 30 – Dec. 12**



**Be very careful during regular firearm season. Remember there is NO hunting on Sundays.**

***BE SMART, BE SEEN***

#### Dates & Times

#### Codes

#### Hikes and Activities

**December 5**

**Holiday Party**

**Annual SATC Holiday Party**

Saturday  
5:30 PM

Hike from your table to the potluck buffet line. West Shore Senior Citizens Center, New Cumberland, PA. See p. 8 for more info.

**December 6**

P: Mod

**A.T. Boiling Springs to Center Point Knob** Open fields with a moderate climb to Center Point Knob and return. **MEET** at Soldiers and Sailors Grove at the State Library in Harrisburg. Optional meeting place at the Iron Furnace parking area in Boiling Springs at 1:45 PM. **Leader:** Frank Bohn, 234-5169

Sunday  
1:00 PM

T: Rug  
L: 5.5

45 hwy miles

**December 12**

P: Brisk

**Iron Horse & Tunnel Trail** Rugged hike in the Tuscarora State Forest NW of Carlisle. Includes loop to view unfinished tunnel through the Conococheague Mountain (circa 1894) Hiking boots a must-no sneakers. Elevation gain up to 1000 ft. This hike partially traces the railroad line route used from the mid 1800's to early 1900's but is not your typical "rail-trail" terrain. Bring lunch. **MEET** behind the Cinemas 8 Theaters at Carlisle Commons off Noble Blvd. in Carlisle. **Leader:** Laura Sheely, 497-2671, no calls after 8:00 PM.

Saturday  
8:30 AM

T: Rug  
L: 10.4

75 hwy miles

**Central Pennsylvania Conservancy** has moved. Its new address is 401 E. Louther St., #308, Carlisle, PA 17013 (717)233-0221 <http://www.centralpaconservancy.org/>

- December 12**  
Saturday  
2:00 PM
- P: Leis  
T: Easy  
L: 3
- 30 hwy miles
- Moravian Starry Stroll** An SATC tradition returns. We start early to visit the Lititz Welcome Center and the Wilbur Chocolate Factory Store. Stroll around Lititz counting Moravian Stars. Kids of all ages and strollers welcome. Weather permitting, sneakers OK. Optional dinner at Freeze & Frizz. **MEET** at Giant Food, PA-743, Cocoa Ave and Fishburn Rd. at the far south end of the parking lot. Alternate meeting place at 2:45 PM at the Lititz Welcome Center. **Leaders:** Krista Cessna and Peter Fleszar, 583-2093, [peter@fleszar.org](mailto:peter@fleszar.org)
- December 13**  
Sunday  
9:00 AM
- P: Mod  
T: Rug  
L: 6.5
- Loop Hike
- 60 hwy miles
- Kings Gap Hike and Mansion Tour** Loop hike with optional tour of the Cameron/Masland Mansion, a gracious mountain stone villa built as a summer home in 1908. Take a self-guided tour of both floors of the mansion in seasonal decor. Bring lunch. **MEET** at the Sovereign Bank (by Boscov's), Camp Hill. Optional meeting place at Kings Gap Mansion at 9:30AM. **Leader/s:** Craig Barnhart, 761-6864, [craigbarnhart@verizon.net](mailto:craigbarnhart@verizon.net) or Nancy Stawitz, 770-0569, [nancy.stawitz@verizon.net](mailto:nancy.stawitz@verizon.net)
- December 13**  
Sunday  
10:00 AM
- P: Leis  
T: Easy  
L: 2
- 5 hwy miles
- Winterizing Hike** How does the forest get ready for the winter? What happens to the plants, trees and animals? Find out while we take an easy hike through the forest. Learn and share tips on winter hiking too. Sneakers OK, hiking shoes better. Bring weather-appropriate clothing. **MEET** at Boyd Big Tree Parking lot. **Leader:** Rob Garman, [ziggytrek@gmail.com](mailto:ziggytrek@gmail.com)
- December 16**  
Wednesday  
10:00 AM
- P: Leis  
T: Easy  
L: 3
- 0 hwy miles
- Wildwood Mid-Week Hike** This is a short, easy 3 mile loop hike. **MEET** at the Olewine Nature Center. **Leader:** Susanne Donmoyer, 545-5308
- December 20**  
Sunday  
8:00 AM
- P: Brisk  
T: Rug  
L: 10.5
- 25 hwy miles
- Day Before Winter Solstice Hike** Enjoy the last day of Fall by hiking from Hunters Run to Boiling Springs. There will be a few ascents and descents, then a nice walk across fields to the Yellow Breeches Creek. Dress for winter hiking and bring lunch. **MEET ONLY** at Boiling Springs Fisherman's parking lot near the lake and furnace. If there is snow deep enough, snowshoes may be used. **Leader:** Sal Fulginiti, 713-0112, [Tuscarora21@yahoo.com](mailto:Tuscarora21@yahoo.com)
- December 24**  
Thursday  
10:00 AM
- P: Mod  
T: Rug  
L: 5
- 0 hwy miles
- 
- Holiday Lunch at Peters Mountain Shelter**  
Join our holiday escape, hiking from PA-225 to the Shelter then down the Victoria Trail to PA-325. Bring some holiday treats to share. **MEET** at PA-225 and PA-325 parking area, north of Dauphin. **Leader:** Karen Balaban 232-3708 (W) [KMBalaban@BalabanLLC.com](mailto:KMBalaban@BalabanLLC.com)
- December 27**  
Sunday  
9:30 AM
- P: Mod  
T: Easy  
L: 5.5
- 0 hwy miles
- Darlington Trail**  
Easy ridge hike from Millers Gap to Lambs Gap and back. Holidays treats optional. Will finish before Steelers-Ravens 1pm kick-off **MEET** at PA-114 park & ride @ I-81 exit 57. **Leader:** Karen Balaban, 232-3708 (W) [KMBalaban@BalabanLLC.com](mailto:KMBalaban@BalabanLLC.com)

- December 31**                    ?                    **Blue Moon Night Hike** Hike by the light of the first blue moon in 2-  
Thursday                            ?                    1/2 years. See **SATC** web site or contact leader for details.  
  ?                    **Leader:** Rob Shaw, 350-5120, [jake17011@yahoo.com](mailto:jake17011@yahoo.com)
- January 2**                    P: Mod                    **Hershey Derry Township Loop** This walk includes a multi-use  
Saturday                            T: Easy                    woods trail, a nature trail, some bushwhacking, some road walking  
9:00 AM                            L: 8                         and returns to the starting point. View a stealth tent site, a hidden  
  0 hwy miles             picnic area, and maybe an original outdoor bathtub site. Yes,  
  wilderness exists right near urbania. Optional restaurant stop and  
  blood donation at Hershey Medical Center. **MEET** at Bullfrog Valley  
  parking lot behind the MS Hershey Medical Center.  
**Leader:** John W. Stein, [STEINHIKE@CS.com](mailto:STEINHIKE@CS.com)
- January 3**                    P: Brisk                   **Buck Ridge Trail** Celebrate 2010 with one of my favorite winter  
Sunday                                T: Rug                    hikes—from Kings Gap Pine Plantation to Pine Grove's General Store.  
8:00 AM                            L: 7                         We will stop at the Kings Gap Mansion and hike along the ridge  
  before descending and stopping for a bit for lunch/snack. This hike  
  can be lengthened if hikers are interested and want to hike longer. If  
  there is snow deep enough snowshoes may be used.  
**MEET** at Fisherman's parking lot in Boiling Springs at 8:00 AM.  
Alternate meeting place at Pine Grove General Store, 8:30 AM.  
**Leader:** Sal Fulginiti, 713-0112, [Tuscarora21@yahoo.com](mailto:Tuscarora21@yahoo.com)
- January 5**                    **Board**                    **SATC Winter Board of Directors Meeting**  
Tuesday                            **Meeting**                 Members are welcome. Location: Giant Community Center, 3301  
6:30 PM                            Trindle Road, Camp Hill, 2nd Floor. **Contact:** Karen Balaban, 232-  
  3708 (W) [KMBalaban@BalabanLLC.com](mailto:KMBalaban@BalabanLLC.com)
- January 9**                    P: Mod                    **Horse-Shoe Trail Loop** This hike is in the Mt. Gretna area and uses  
Saturday                            T: Easy                    the Horse-Shoe trail and the Lebanon Valley Rail trail.  
9:00 AM                            L: 12                         **MEET** at the CocoaPlex front parking lot, Rt. 743, Hershey.  
  16 hwy miles             **Leader:** John W. Stein, [STEINHIKE@CS.com](mailto:STEINHIKE@CS.com)
- January 10**                 P: Mod                    **Cumberland Valley Rail-Trail** Hike, bike, or possibly X-country  
Sunday                                T: Easy                    ski on the Cumberland Valley Rail-Trail from Shippensburg to  
1:00 PM                            L: 10.3                    Newville. Dress for weather conditions and bring a hot beverage.  
  0 hwy miles             **MEET** at the Newville Trailhead on McFarland St., Newville.  
**Leader:** Sharon Shellenberger, 249-6575,  
[sharonshellenberger@gmail.com](mailto:sharonshellenberger@gmail.com)
- January 13**                 P: Leis                    **Wildwood Mid Week Hike** Easy, short loop hike. **MEET** at the  
Wednesday                        T: Easy                    Olewine Nature Center **Leader:** Susanne Donmoyer, 545-5308  
10:00 AM                        L: 3                         0 hwy miles

**Annual PA Ruck @ Pine Grove Furnace State Park**  
Gathering takes place at the Ironmasters Hostel from Friday, January 29 thru Sunday, January 31, 2010. Hikes, lectures, tuckerizing (packing your sack), discussions, thru-hiking bull session, equipment testing. and much more! Contact: <http://www.paruck.com/>

**January 16**

Saturday  
9:30 AM

P: Mod  
T: Rug  
L: 7-8

Loop Hike

0 hwy miles

**Mount Holly Marsh Preserve** Hike on five of the beautiful contiguous trails within the 913 acre preserve owned by Cumberland County and managed in cooperation with The Nature Conservancy. Bring lunch, snack and water. Sufficient snow accumulation makes it a cross-country or snowshoe trip. **MEET** at the former Deer Lodge Restaurant parking lot on Rt.34, one mile south of Mount Holly Springs. Take exit 47 of I-81 south toward Mount Holly Springs. Torrential rain or ice will cancel. If in doubt, call leader. **Leader:** Howard Davis, 729-0147, call by 8:30 AM, [canoetrip@pa.net](mailto:canoetrip@pa.net)

**January 17**

Sunday  
1:00 PM

P: Mod  
T: Easy  
L: 5

10 hwy miles

**Blue Mountain and Big Boyd Ramble** Hike on wood roads and trails with short climbs. **MEET** at the Soldiers and Sailors Grove next to the State Library in Harrisburg. **Leader:** Susanne Donmoyer, 545-5308

**January 21**

Thursday  
6:30 PM

**Members and Guests' Meeting**

**SATC Winter Members and Guests' Meeting**

Following a 1/2 hour social time with refreshments, we will review Club activities and schedule hikes for the upcoming quarter. Bring your hikes. **Location:** Giant Community Center, 3301 Trindle Road, Camp Hill, 2nd Floor.



**Contact:** Bob Doren, 763-0667, [cibob@aol.com](mailto:cibob@aol.com)

**January 23**

Saturday  
8:30 AM

P: Mod  
T: Rug  
L: 7

**Blue Mountain Winter Ramble** Start on the AT at Sherwood Drive, then climb Blue Mt. at an easy pace, continuing on the Darlington Trail for a short distance, then turn around and return. We'll have spectacular views of the Cumberland Valley and southern Perry County. Snack break at the Darlington Shelter. If snow or ice makes the trip up Blue Mt. too difficult, we'll choose an easier hike on the AT. Optional lunch at diner after hike. **MEET** at the Camp Hill Mall near the Sovereign Bank. Optional meeting place at Sherwood Dr. AT trailhead at 9:00 AM

**Leader:** Jim Foster, 649-5505, [jimhfoster@yahoo.com](mailto:jimhfoster@yahoo.com)

**January 24**

Sunday  
9:00 AM

P: Mod  
T: Mod  
L: 8

Loop Hike

40 hwy miles

**Pinnacle Lake Hike** This is a nice hike around Pinnacle Lake through the picnic grounds, boat launches, campground, and cabin areas. You get to view the lake from many different angles and also see the dam. **MEET** at Sovereign Bank in the Camp Hill Shopping Center. **Leaders:** Sam and Barb Harvey, 766-7868

**January 30**

Saturday  
9:30 AM

P: Mod  
T: Rug  
L: 4-5

Loop Hike

20 hwy miles

**Gunter Reservoir Trail** Gunter Reservoir is located near Roxbury, Franklin County, just west of Shippensburg. The trail ascends to the gap between the Blue Mt. and Kittatinny tunnels on the Pa Turnpike and around Gunter Reservoir, a water supply for Shippensburg. **MEET ONLY** at the K-Mart parking lot in Shippensburg. Take exit 29 off I-81 turning right onto Pa 174/Walnut Bottom Rd. Bring lunch. Ice or torrential rain, will cancel-if in doubt, call leader.

**Leader:** Howard Davis, 729-0147, [canoetrip@pa.net](mailto:canoetrip@pa.net)

<b><u>January 31</u></b> Sunday 12:00 PM	P: Mod T: Mod/Rug L: 5-6	<b><u>Chickies Rock Hike</u></b> Great hike with a few steep climbs that overlook the Susquehanna River. Bring lunch. <b>MEET</b> at Sailors and Soldiers Grove next to the State Library in Harrisburg <b>Leader:</b> Jeff Willard, 887-3819, <a href="mailto:jeffwill44@aol.com">jeffwill44@aol.com</a>
<b><u>February 7</u></b> Sunday 8:00 AM	P: Brisk T: Rug L: 10.8	<b><u>Caledonia to Shippensburg Rd.</u></b> Enjoy a pleasant late winter hike on the AT. This is a great section of the Appalachian Trail with some ascents and descents. We will be stopping for a quick lunch. If snow is deep enough, snowshoes may be used. <b>MEET</b> at Fisherman's parking lot, Boiling Springs at 8:00 AM. Alternate meeting place at Shippensburg Rd. AT parking lot at 8:30 AM <b>Leader:</b> Sal Fulginiti, 713-0112, <a href="mailto:Tuscarora21@yahoo.com">Tuscarora21@yahoo.com</a>
<b><u>February 10</u></b> Wednesday 10:00 AM	P: Leis T: Easy L: 3 0 hwy miles	<b><u>Wildwood Mid-Week Hike</u></b> This is a short, easy loop hike. <b>MEET</b> at the Olewine Nature Center <b>Leader:</b> Susanne Donmoyer, 545-5308
<b><u>February 20</u></b> Saturday 10:00 AM	P: Mod T: Rug L: 4-5  0 hwy miles	<b><u>Tumbling Run Trail</u></b> Beautiful hike along Tumbling Run. Some scrambling, narrow, steep and wet areas. We will hike in and out. <b>MEET ONLY</b> at the iron furnace parking lot in Pine Grove Furnace State Park. Bring lunch, snack and water. Ice or torrential rain will cancel-if in doubt call leader. <b>Leader:</b> Howard Davis, 729-0147 (call by 9:00 AM), <a href="mailto:canoetrip@pa.net">canoetrip@pa.net</a>
<b><u>February 21</u></b> Sunday 1:00 PM	P: Mod T: Easy L: 5	<b><u>Tuckahoe Ramble</u></b> Hike on trails and wood roads. Expect wet conditions. <b>MEET</b> at the Soldiers and Sailors Grove next to the State Library in Harrisburg. <b>Leader:</b> Susanne Donmoyer, 545-5308
<b><u>February 28</u></b> Sunday 1:00 PM	P: Mod T: Rug L: 7.5  45 hwy miles	<b><u>AT Scott Farm North to Cumberland Valley Viewpoint</u></b> Some easy terrain, then a climb up Blue Mountain on a rocky and uneven part of the trail. Hike may be shortened or go in opposite direction depending on the conditions. <b>MEET</b> at Soldiers and Sailors Grove at the State Library in Harrisburg. <b>Leader:</b> Frank Bohn, 234-5169

### **Hike Description Codes**

#### **P-T-L Codes (Pace, Terrain and Length/Mileage)**

<b><u>Pace Codes</u></b>	
<b>Leisurely</b>	Nature or historical walk; frequent stops for observation
<b>Moderate</b>	Steady, 1 to 2 miles per hour (mph)
<b>Brisk</b>	Steady, 2 to 3 mph
<b>Fast</b>	3 to 4 mph; very short breaks; a workout

<b><u>Terrain Codes</u></b>	
<b>Paved</b>	Solid pavement/sidewalk
<b>Easy</b>	Soft ground / sand / carriage trails; nearly level; few rocks / roots / obstructions
<b>Rugged</b>	Some rocks / roots / obstructions / unbridged stream crossings possible; climbs and descents totaling up to 1000 feet possible
<b>Strenuous</b>	Steep hills, rocks / roots / obstructions / unbridged stream crossing likely; frequent climbs and descents totaling more than 1,000 feet
<b>Extremely Difficult</b>	Usually more than 12 miles; some or all of these features possible or likely: rocks / roots / obstructions / unbridged stream crossings; non technical rock climbing / scrambling; bushwhacking; climbs and descents totaling well over 1,000 feet

<b><u>Length/Mileage</u></b> Estimated by hike/event leader
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## GENERAL HIKE INFORMATION



**1. TRANSPORTATION** The hike leader may determine the amount required to reimburse drivers for rides between the meeting places and trail head. If you ride with someone, please reimburse the driver the amount specified. General Rule: Please give the driver *10 cents* times the highway mileage.

**2. REGISTRATION** All hikers must register (sign in) with the hike leader at the meeting place or at the trailhead before starting any scheduled hike. Some hikes require advance registration with the hike leader. Please check the schedule for this request.

**3. PACK IN, PACK OUT (LEAVE NOTHING BEHIND)**

**4. SMOKING GUIDELINES** SATC prefers that hikers refrain from the use of tobacco products during Club activities. Smokers are individually responsible for damage to the forests.

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### ***Changes to SATC Bylaws***

The SATC bylaws are being amended by making editorial changes, consolidating the Constitution and Bylaws as one document, and re-formatting the bylaws to make it easier to locate topics by subject matter. SATC's amended and restated articles of incorporation, adopted by the members in July 2008, permit the Board to amend the bylaws. The Board is requesting member input prior to voting at its meeting on January 5, 2010. Full text of the changes may be requested by contacting Karen Balaban [KMBalaban@BalabanLLC.com](mailto:KMBalaban@BalabanLLC.com) or 717.232.3708. Only provisions with substantive changes are re-printed below.

Brackets [ ] indicate language that has been deleted.

Braces { } indicate the source of the bylaw section

Letters in both bold and italics indicate new language

## **ARTICLE III. [Meetings of the Corporation's Membership] MEMBERSHIP MEETINGS**

**Section 1. Annual Meeting.** The [An] annual general meeting of [the corporation's] SATC's membership shall be held in March of each year on a date to be selected by the Board, at which time there shall be an election of officers and non-officer members of the Board whose terms expire that year. At least one week's notice by mail ***or by publication in the Bushwack Bulletin*** must be given to the membership. {Constitution Article V, Section 1}

**Section 2. Budget Meeting.** A budget[ary] meeting shall be held ***annually [in] as part of the*** October [of each year on a date to be selected by the Board] ***Membership meeting***, at which time the dues structure and financial status of SATC [the club] shall be considered. At least one week's notice by mail ***or by publication in the Bushwack Bulletin*** must be given to the membership. {Constitution Article V, Section 2}

**Section 3. Special Meetings.** Special meetings may be called by the President at any time with at least one week's notice given by mail ***or by publication in the Bushwack Bulletin*** to the membership. {Constitution Article V, Section 3}

## **V. MEETINGS OF THE BOARD OF DIRECTORS AND THE EXECUTIVE COMMITTEE**

### **Section 1. Board of Directors**

**B. Special Meetings.** ***Special meetings of the Board of Directors shall be held whenever ordered by the President, or by a majority of the executive committee, or by a majority of the members of the Board of Directors after provided at least two (2) days notice to each member of the Board of Directors.***

**Section 3. Notice.** ***Notice required to be given to any person under the provisions of this Article shall be made either by publication in the Bushwack Bulletin, by first class mail, by facsimile transmission, e-mail, or other electronic communication to such address supplied by the person to SATC for receipt of notices. Unless otherwise indicated, notice shall be provided at least one-week in advance of a meeting.***

[\(Continued next page\)](#)

## **Preparation Work Begins on the Appalachian Trail Museum Building**

The single, largest post-Gathering Work trip in the Appalachian Long Distance Hikers Association's almost 30-year history took place on Monday, October 12th at the Old Mill in Pine Grove Furnace State Park, site of the soon-to-be Appalachian Trail Museum.



Decked out with party hats, streamers and noisemakers, festive "Work Party" volunteers gathered for a group photo at the Mill entrance.

There were many skilled helpers around to give a heads up about what kinds of remodeling and renovation might be needed in the future. Singer, an electrician with plumber's skills, looked over the building's lights, wiring and two bathrooms, while another expert on timber frame restoration, Ishmael, offered insight into the work that might be required to rejuvenate the building's worn, but lovely, wide floor planks. An architect will offer his services down the line, helping to make decisions regarding the best placement of exhibits of AT artifacts, many of which are already in the possession of the ATMS.

Outside, weeds were cleared from the base of the building's foundation and climbing vines were removed from the tall stone walls. Windows, doors and balconies were scrubbed squeaky clean. President of the ATMS, Larry Luxenberg, was almost giddy with joy to see the results of the clearing and cleaning of the building. The volunteers had removed all remnants of the past by 11 AM! All that was left to do now was sweep away all the dust and cobwebs, a task left to a handful of workers. By 4 PM the building literally shone!

Learn more at <http://www.atmuseum.org/intro.htm>

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## **Changes to SATC Bylaws** (continued from previous page)

### **ARTICLE VII. AMENDMENTS**

***Except as provided in the Nonprofit Corporation Law of 1988, 15 Pa.C.S. § 5504(b), a majority of SATC's Board of Directors shall have the authority to adopt, amend and repeal these bylaws, subject to the power of SATC members to change such action. The next edition of SATC's official publication issued after changes to the bylaws have been adopted by the Board shall provide the members with a summary of the adopted changes to the bylaws.*** {Amended and Restated Articles of Incorporation, Article 8}

Note: This provision makes the bylaws consistent with the Articles of Incorporation. (Continued next page)

## **ARTICLE IV. [Election and Qualification of] OFFICERS AND DIRECTORS**

**Section 2. Authority.** The Board of Directors may make such rules and regulations as it deems advisable, and which are consistent with *Pennsylvania law, SATC's Articles of Incorporation* [the Constitution], and By-Laws after inviting discussion from members in attendance at either quarterly or other publicized meetings. {By-Law VI}

[(Notwithstanding any other provision of these articles) the Corporation shall not carry on any other activities not permitted to be carried on (a) by a corporation exempt from Federal Income Tax under Section 501 (c)(3) of the Internal Revenue Code of 1954 (or the corresponding provision of any future United States Internal Revenue Law), or (b) by a corporation, contributions to which are deductible under Section 170 (c)(2) of the Internal Revenue Code of 1954 (or the corresponding provision of any future United States Internal Revenue Law)

No substantial part of the activities of the Corporation shall be the carrying on of propaganda or otherwise attempting to influence legislation. The Corporation shall not participate in, or intervene in (including the publishing or distribution of statements) any political campaign on behalf of, nor against, any candidate for public office.]

- {these two paragraphs are already contained in the Amended and Restated Articles of Incorporation, Article 4, filed in July 2008}

**Section 3. Nominations.** The President shall appoint a [n]Nominating [c]Committee [, which shall be chaired by a non-officer member of the Board of Directors,] not later than sixty (60) days before the next succeeding annual meeting. ***The Nominating Committee shall be chaired by a non-officer member of the Board of Directors who is not seeking election.*** The nominating committee shall notify all club members of the nominated persons at least thirty (30) days before the annual meeting. The nominating committee is limited to one nomination for each office and non-officer directorship. Additional nominations which are reserved to the membership at large may be submitted in writing to the nominating committee until one week prior to the annual meeting. No nominations are to be made nor accepted from the floor at the annual meeting. {By-law I, Section I}

**Section 4. Election of Officers and Non-Officer Directors.** Election shall be ***held*** at the annual meeting. If there is more than one nominee for any one office or non-officer director[ship], the election shall be by secret ballot and by plurality vote. {By-law I, Section 2} ***Officers and non-officer members elected to the Board of Directors shall assume their duties on the first Sunday in April after their election, or as soon thereafter as practical.*** {By-law I, Section 5}

**Section 5. Term of Office.** Officers shall be elected [bi-annually] ***in an even-numbered year.*** [but the] ***The*** President and Vice President shall [in no event] ***not*** serve more than two consecutive two (2) year elected terms in their respective offices. The Secretary and Treasurer may serve successive terms without limitation. Non-officer members of the Board of Directors shall be elected by class to serve a two year term, but they shall in no event serve more than two (2) consecutive elected terms. {By-law 1, Section 3}

**Section 11. Executive Committee.** For the purpose of conducting and expediting corporate business, there will be an Executive Committee composed of the [club] ***SATC*** officers [named in Article IV, Section 1 hereof]. This committee shall have power to make decisions pertinent to the continuity of [the corporation's] ***SATC's*** affairs in so far as these decisions are consistent with [the Constitution and] ***Articles of Incorporation and*** By-Laws. All actions on the part of the Executive Committee shall be reviewed by the Board of Directors at their next regular meeting. {Constitution Article III, Section 2}

## **VI. INDEMNIFICATION**

***Every member of the Board, officer or employee of SATC may be indemnified by SATC to the extent permitted by applicable law, but not to exceed 25% of SATC's liquid assets unless covered by insurance, against all expenses and liabilities, including counsel fees, reasonably incurred or imposed upon such members of the Board, officer or employee in connection with any threatened, pending, or completed action, suit or proceeding to which she/he may become involved by reason of her/his being or having been a member of the Board, officer, or employee of SATC, or any settlement thereof, unless adjudged to be liable for negligence or misconduct in the performance of her/his duties. Provided, however, that in the event of a settlement indemnification shall apply only when the Board approves such settlement and reimbursement as being in the best interest of SATC. The foregoing right of indemnification shall be in addition and not exclusive of all other rights which such member of the Board, officer or employee is entitled. SATC may purchase insurance to provide indemnification under this Article, but is not obligated to do so.***

Note: Replaces the existing 10 sections which are 2 ½ pages in length with a summary.

## **Harrisburg Inner City Outings**

For Harrisburg Inner City Outings (HICO), 2009 has been an active year. There are two active groups of kids experiencing the new diversity of outing types being undertaken. HICO groups include kids from the Math Science Academy (MSA) of the Harrisburg School District and Kingdom Embassy (KE), a Harrisburg church. Group leaders include **SATC** members Jane and Will Webster, Kris Kyler, and Gary LaBelle.

Some of this year's outings:

- Middle Creek Wildlife Management area to witness bird migration. One participant of the KE outing kept a log of all the birds they saw: bald eagle, tundra swan, snow geese, Canada geese, swamp sparrow, vulture, seagull, mallards, pintail, and American black duck.
- A community service project at the Five Senses Garden. Sixteen students from MSA spent time edging and weeding garden beds. After the garden work, they tested the water quality of Spring Creek and took a hike on the Greenbelt. KE took advantage of the Greenbelt in another way, and rode bicycles to the Five Senses Garden.
- An overnight camping and canoeing trip on the Juniata in June.
- A July hiking trip on the Tumbling Run trail and then swimming at Pine Grove Furnace.
- In November and December, the MSA kids will participate in owl telemetry and a hike at King's Gap State Park

HICO is extremely grateful to **SATC** for their continued support of our efforts to get inner city kids outside and into the wilderness. I invite and encourage any club member to join us on an outing, or come to one of our meetings to get to know more about what we do to make these outings happen. You will not be disappointed!

Thank you,

Diane Staz, HICO Chair 717.421.5063 [destaz\\_00@yahoo.com](mailto:destaz_00@yahoo.com)

## **Cub Scout's "Leave No Trace"**

As part of their summer '09 project, **SATC**-member Bill McQuade's sons Alex (Cub Scout, age 6) and Colin (4) dedicated a half-day to cleaning the Peters Mountain A.T. parking lot area and the driveway from PA-225. The boys also found a rogue campfire site along the trail and sifted through the ashes retrieving glass bits and melted plastic. Overall, the McQuades found the trail itself to be relatively clear of trash. After encountering some hikers, Alex and Colin graciously accepted their accumulated trash. Notwithstanding the volume of gum wrappers, cigarette butts, paper, broken bottles, cans, and other assorted garbage, the boys were very enthused knowing that their efforts had made a tremendous impact. As a side note, Bill's boys love turtles. They have two aquatic map turtles as pets. As luck would have it, on the hike back to the parking lot they encountered a box turtle and were thrilled, capping off a great outing.



## **SATC Trail Mail-Mix**

A new feature to this bi-weekly electronic communication has been added. "Down the Trail" lists the hikes scheduled for the next week or so as a friendly reminder for our e-mail newsletter recipients. Hope you'll consider joining the growing number of members who are conserving trees. Contact [bushwack@satc-hike.org](mailto:bushwack@satc-hike.org)



## **PA LEGISLATURE SEEKS TO ALLOW SUNDAY HUNTING**

Legislation to overturn the state's Sunday hunting ban has recently been proposed by Rep. Edward Staback, D-Lackawanna. There have been previous attempts at similar legislation, but this year is different since - for the first time - the Pennsylvania Federation of Sportsmen's Clubs (PFSC) voted unanimously to support the legislation (HB779) which would give the Pennsylvania Game Commission the authority to open state game lands for Sunday hunting.

The Keystone Trails Association is strongly opposed to any legislation which would change the current regulations with regard to hunting on Sundays in Pennsylvania.

We feel that permitting hunting on Sundays could be dangerous and unfair not only to hikers, but also to the tens of thousands of others who seek recreation in Pennsylvania's forests: photographers, wildlife-watchers, trail runners, cross-country skiers, mountain bikers, equestrians and many more.

Hiking and other outdoor recreational activities involve much wider participation than does hunting in Pennsylvania. Of the approximately 12.5 million residents of Pennsylvania, there are about 700,000 hunters. However, recent surveys (e.g., PA Outdoor Recreation Participation Survey, 2003) estimate that Pennsylvania has approximately 3 million day hikers and at least 234,000 backpackers.

Many hikers and outdoor enthusiasts avoid hunter interference by scheduling the vast majority of their hikes on Sundays and leaving the woods to the hunters for the rest of the week. Sunday hunting would force this very large constituency to stay at home on the one day a week currently available to them for hunting-free recreation.

Hunters already have the woods for six days a week. They are also well-organized and quite vocal. Please help to keep one day safe and available for the rest of us. Contact your state senators and representatives to oppose any legislation that might result in the opening of Pennsylvania lands to Sunday hunting. Visit [www.legis.state.pa.us](http://www.legis.state.pa.us) for contact information.

For more information or to sign-up for hiker alerts, please visit [www.kta-hike.org](http://www.kta-hike.org).

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**GIVE THE GIFT OF HIKING THIS HOLIDAY SEASON** This holiday season give the gift of a KTA membership with a special 4 for 3 deal! Receive four introductory membership gift certificates (\$60 value) for the price of three, or only \$45.

Membership contributions provide funds to preserve, protect, and promote recreational hiking trails and hiking opportunities throughout Pennsylvania. KTA work to protect the hiking trails you love through advocacy with state and local government, protection to secure permanent access to trails, creation and maintenance to build and care for trails, and organizing and promoting hiking events across the state.

Gift certificates may be purchased in our online shop [www.kta-hike.org/shop](http://www.kta-hike.org/shop) or contact Becky at [ktaadmin@verizon.net](mailto:ktaadmin@verizon.net) or 717.238.7017 with any questions. Available this holiday season:

**Pennsylvania Hiking Trails**, 13th Edition  
\$11.50 KTA Member, \$16.95 Non-Member

A terrific guidebook that features the best trails by region from experienced hikers with local knowledge.

**The Guide to the Appalachian Trail in Pennsylvania**, 11th Edition  
\$8.00 KTA Member, \$10.00 Non-Member

Prices do not include PA sales tax or shipping. Additional maps and guidebooks are also available for purchase. Order online at [www.kta-hike.org/shop](http://www.kta-hike.org/shop).

**WANTED:** BMECC Corridor Management Committee seeking live-in caretaker of Route 501 shelter near Pine Grove, PA. Must have long distance A.T. hiking experience and knowledge of general maintenance and trail work. Good communication skills and ability to maintain good public relations with local hiking club, thru hikers, day hikers, local community, and law enforcement officials. Duties include maintaining caretaker house, hiker shelter, cutting grass, picking up trash, monitoring the area, etc. Contact Larry Kramer [kramer@ihs2000.com](mailto:kramer@ihs2000.com) or send resume to 101 South College St., Myerstown PA 17067; Cell phone - 717-269-4367



# SATC MEMBERSHIP (RENEWAL) FORM

Please check all applicable box(es):  New membership  Purchase of club merchandise  
 Banquet  Renewal\*  Correction of membership details

*\*For membership renewals with no change in data, only enter dues payment, print name(s) and sign form.*

Individual Membership \$15.00 per year x \_\_\_ years = \$\_\_\_\_\_

Joint Membership (at same address) \$25.00 per year x \_\_\_ years = \$\_\_\_\_\_

Life Membership \$375.00 for an individual membership; \$625.00 for joint membership \$\_\_\_\_\_

**55 years old & over** \$300.00 for an individual membership; \$500.00 for joint membership \$\_\_\_\_\_

Student Membership—*must be full-time, 18 years or older; include copy of current student ID;* \$ 0

*must receive all communications electronically; must be renewed annually*

I would also like to contribute to support the Club's shelter maintenance and trail system. \$\_\_\_\_\_

SATC Club Patch (\$2.00 plus .12 sales tax) \_\_\_ x \$ 2.12 = \$\_\_\_\_\_

Colored map of AT Sections 1-6 in Pennsylvania (\$12.00 plus .72 sales tax) \_\_\_ x \$12.72 = \$\_\_\_\_\_

Colored map of AT Sections 7-8 in Pennsylvania (\$6.00 plus .36 sales tax) \_\_\_ x \$ 6.36 = \$\_\_\_\_\_

**Make checks payable to: SATC** **Amount Enclosed** \$ \_\_\_\_\_

**Send completed form and payment to: SATC, P.O. Box 61001, Harrisburg, PA 17106-1001**

Name (Print) \_\_\_\_\_ Joint Member Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ - \_\_\_\_\_

Telephone (Home) \_\_\_\_\_ Telephone (Other) \_\_\_\_\_

E-mail \_\_\_\_\_ Occupation \_\_\_\_\_

**Distribution of Club Newsletter** (Choose one):

Email PDF File (includes pictures)  Email Word File (no pictures)  Regular Mail

If no choice is made, the Club will email a PDF File. Emailed Newsletters precede regular mailed ones by one week.

**Check here if you do NOT wish to be listed in the Club Directory.**

Check below if you would be willing to help with any of the following activities:

Finance  Committee Member  Trail Maintenance  Publicity  Phone Calls

Hike Leader – We encourage hike leaders to attend quarterly Membership Meetings noted in the *Bushwack Bulletin*.

**Payment of dues constitutes an agreement of those signing below with the policies of the SATC including the following liability statement:** I am aware of the risks inherent in outdoor activities. While participating in an SATC activity of any type, I will be responsible for my own well being and that of my minor children. I release and hold harmless SATC, its officers, directors, members, and the volunteers associated with an SATC activity from all liability for any injury, loss or damage to my or my minor children's person or property, direct or consequential, that occur during my/our participation in an SATC activity including the travel involved.

Signature \_\_\_\_\_ Date \_\_\_\_\_ Joint Member Signature \_\_\_\_\_ Date \_\_\_\_\_

**This application for membership MUST BE SIGNED AND DATED by all persons 18 years of age or older and all married persons below the age of 18 who belong or wish to belong to SATC under this membership.**

----- DO NOT WRITE BELOW THIS LINE ----- DO NOT REMOVE THE BOTTOM PORTION -----

Processed by Treasurer \_\_\_\_\_ Processed by Database Manager \_\_\_\_\_ Dues Paid to April 1, \_\_\_\_\_  
Issue code 55



**Susquehanna Appalachian Trail Club**  
P.O. Box 61001  
Harrisburg, PA 17106-1001

**DATED MATERIAL**

**NON-PROFIT ORG.**  
U S POSTAGE  
**PAID**  
HARRISBURG PA  
PERMIT NO. 15

**RETURN SERVICE REQUESTED**

**Please send all changes of mailing address, phone number, and e-mail address to:**

**SATC, P.O. Box 61001, Harrisburg, PA 17106-1001**

E-mail: [hike-hbg@satc-hike.org](mailto:hike-hbg@satc-hike.org)